



Please visit the Lancaster Community Center:
Located behind the Town Green & Library

Community Crier



Jay Moody Chair, Mary J MacLean, Frank MacGrory, Eileen McRell, Nicole Kanis, Jo St. Angelo, Michelle Jones,
April-May, 2016 (978) 733-1249 , fax (978) 733-4076 Alexandra Turner, Director. Melissa Pelletier Ast. Director

IN LOCAL NEWS!

Spring into Fun!!

Spring Vacation

Family Fun Day!

7:30 a.m. 1:30 p.m. April 19th

- Kids eat free Pancake Breakfast

- Free Nerf Wars!
- Free Crafts!!
- Free Popcorn!
- Kids Friendly lunches

Woo hoo! Details inside!

More "New" Fun!

New Pickleball lessons for beginners.

Private/Semi-private Mondays at 11:45
\$10, RSVP to 978-733-4076

New Ballroom Dancing Lessons!

New six week series begins Thursday April 14th
Come Foxtrot and Rhumba the night away!
\$60 per series.

Sit & Stitch!

Wednesday at 2:30 - Free!!! Drop in.



www.facebook.com/Lancaster-Community-Center-970047129685468

Thoughts from the Director

Did you know April is designated National Volunteer Month? Not many do. It does not get the publicity that many other months do. I wish it did, our volunteers deserve it. On April Fool's day I jokingly announced the Center would be closed due to budget restraints, without volunteers that is not far from the truth. In honor of National Volunteer Month we are launching our Volunteer Appreciation program. While we can never do enough, it is a small token to honor those who serve the town so well!

In FY 2015 volunteers conservatively donated 4,736 hours of service to the Center, likely more as many volunteers do not log in to credit their service. If you multiply that even by the modest \$9 minimum wage volunteers saved the town \$42,624 Zowie!

I hesitate to use the minimum wage to calculate their worth, as their service is worth much more; after all how do you price a last minute ride to a doctor when you can't drive, or the satisfaction of getting your finicky laptop fixed so you can see pictures of your kids again? How about a person to sit with your ill spouse so you can shower, or help prepare one of our fabulous dinners you enjoy and see long lost neighbors? What is the value the fitness program that makes you feel so much better? Our volunteers bring priceless piece of mind, and relief to many. Their contribution = priceless!

Interested in volunteering? The process is simple, please call or email Melissa or myself. We will talk to you about what you are good at, and enjoy. There is so much to be done I am sure we can make a match. Gardening, helping with kids activities, cooking, providing rides, teaching classes, decorating, crafts, desk work and friendly visitors and so much more come to mind.

I mentioned the launch of our Volunteer Appreciation Program. Those of you have volunteered more than 20 hours a year know we get together for a wonderful party each year, but we would like to honor all volunteers, with more than just bragging rights! Pancake breakfasts, exercise classes and more are all on the table for the new rewards program.

While the rewards of our volunteers hard work really belong to the town I have noticed our volunteers are rewarded to. I am gratified to have witnessed friendships develop, or better yet be rekindled. The joy of helping others is truly a reward we can't price. I hope you consider volunteering, while we may not say it enough please know we appreciate you every day and every month.

Hope to see you,

Alexandra "Alia" Turner

Tuesday is **PANCAKE DAY**

Everyone is invited!

Senior Center

7:30 am until 9:00 am

Suggested donation
\$2.50 adults

Chef/Chair Extraordinaire
David James



ALL YOU CAN EAT!

Pancakes, Eggs
Sausage, Fruit
Juice, Coffee, Tea



We have so many new offerings planned we are plain old overwhelmed. We could use some help! In particular we need help setting up more garden beds. Our gardening program won the grand prize from the NISC (National Institute of Senior Centers) for our healthy programming in particular for the intergenerational opportunities it brings to the community. That is the good news! Now we have run out of space we would like to invite you to a work day, **May 6th with a rain date of May 7th.** to help us install new beds. If you are able to help out or would like a garden bed please give us a call!

Friends of Lancaster Seniors Update

It is really nice to see the days getting longer (and warmer)! Spring has truly sprung, and I am really enjoying the emerging flowers and hearing the birds singing in the morning.

The Friends has been relatively quiet over the winter (exception: our very popular Tuesday pancake breakfast). We are looking forward to a variety of events over the next few months. Most will involve food (always a favorite), but I am looking for other ideas for inexpensive, fun events. Stay tuned!

And, if you haven't already done so, be sure to renew you Friends' membership. It is calendar year, only \$10 per person (max \$30 per family), and you don't have to be a senior (60+) to be a Friend! Donate online at <http://FriendsoftheLancasterSeniors.org> or mail a check to:

Friends of the Lancaster Seniors
PO Box 173
Lancaster, MA 01523

Don't forget: donations above your membership are tax deductible!

See you soon.

--

David R. James, President

FITNESS CLASSES

Tai Chi

Monday 9:30 am & Tuesday Evenings 5:45 pm

Tai Chi uses gentle movements to reduce stress and improve health.

"Tai Chi strengthens the weak, raises the sick, invigorates the debilitated, and encourages the timid"

-Tai Chi Grandmaster Cheng Man-Ching 1947

Instructor: Jeff Cote



Seniors \$5 per class or 6 classes for \$25
General public \$7 per class or 6 for \$33
(Buy a card, no penalty for missed classes!)

Gentle Hatha Yoga

Monday & Thursdays 11 a.m. AND NOW Sat @ 9:30 am

After a Tai Chi class your yoga will be better than ever! At least try one. Get the week started with gentle **Hatha yoga**. All ages and abilities will benefit from this yoga class. Yoga is widely recognized as a way to improve balance, improve posture, keep your range of motion, improve clarity of mind and reduce stress.

Held on the Lower Level; we provide mats and water!



Seniors \$5 per class or 6 classes for \$25
General public \$7 per class or 6 for \$33
(Buy a card, no penalty for missed classes!)

**Now PBall
Lessons!
Mondays
11:45- Call
First!**

INSANITY LIVE



**Tuesday 7 p.m.
NOW Sun @ 1:00 p.m.**

Insanity Live is cardio-based, total body conditioning workout. With cardio, plyometric drills, strength intervals as well as core and ab training you'll work out at your own pace. Suitable for all ages.

Bring a towel, water, mat and sneakers.

\$10 per class or 6 classes for \$48

**Pickleball
Mondays 1-3 p.m.
W, F, S 9-11 a.m.**

Pickleball is a game sweeping the nation! Interested? Never heard of it? Pickleball is a fun, fast-paced game for all ages. Pickleball is a low impact racquet sport combining badminton, tennis, and table tennis. It was created in the 1960s with one thing in mind: **fun!** It was designed to be easy to learn and play whether you're five, eighty-five or somewhere in between. For more information check out this website: <http://www.usapa.org> or go to You tube for videos.

**6 classes for \$20
(Buy a card, no penalty
for missed classes!)**



FITNESS CLASSES



BALLROOM DANCING LESSONS

NEW SESSION
April 14th!

Did you know studies show Ballroom Dancing is good for the mind and the body? All ages and all abilities can benefit from this class. A wide range of ages, and abilities attend (even clutzy me)! Join Jim Cole, an award winning dance instructor* and sometimes his wife Amie from the Poise, Style and Motion studio of Worcester, now here at the Community Center. *No partner-no problem?* We switch and learn from each other. So much fun! Try it!

Thursday evenings, 6:30-7:30

6 week class is only \$60 per person, or \$13 per class p.p.

**RESERVATIONS STRONGLY SUGGESTED 978-733-4076 Or
aturner@lanasterma.net**

Wear comfortable shoes (bring a fresh pair please; we are trying to take care of our gym floor). Jim has won top teacher at 2014, 2015 Dancing A la Carte and 2014 Commonwealth Classic. Jim's studio, Poise Style and Motion has won Top Studio at 2014 and 2015 Dancing A la Carte.



Open Gym!

Come shoot some hoops in a casual environment.

Interested in playing hoops, pick-up games or just shooting? Bring the kids! Jon Ramos helps out! Lots of fun. Interested? Call us, or email first to make sure we are on! 978-733-4076

**5:30-7:30 p.m.
under 18, \$2 pp
Adults \$4**



APRIL 2016


\$3.00 suggested donation, reserve one day ahead @ 978 733 1249 x 1103

If you cannot make it here we offer Meals on Wheels, call 978 733-1249 for details

Or MOC 800-286-3441 for nutrition questions

This program is made possible in part by funding from the Executive Office of Elder Affairs



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Trips And Bridge at 1
4 Mulligatawny Soup Roasted Pork Apple Cider Gravy Au Gratin Potatoes Rye Bread Applesauce	5 Grilled Chicken Breast Hawaiian Sauce Brown Rice Tossed Salad Multigrain Bread Strawberry Jello Diet: SF Jello	6**High Sodium** Three C Soup **Ham & Cheese Bake Sweet Potato Whole Wheat Bread Fresh Orange	7 **Chicken Divan Rice Pilaf Peas Whole Wheat Bread Oatmeal Cookie Diet: Gingerboy	8 Trips And Bridge at 1
11 Chicken Kielbasa Corn & Black Beans Onions & Peppers Hot Dog Bun Tropical Fruit Salad	12 Escarole Soup Penne with Meat Sauce Whole Wheat Bread Lime Jello Diet: Strawberry Grahams	13 Grilled Chicken Breast Rosemary Gravy Stuffing Tossed Salad Honey Wheat Bread Pineapple	14 Split Pea Soup Roasted Turkey Herb Gravy Mashed Potatoes Multigrain Bread Strawberry Yogurt	15 Trips And Bridge at 1
18 PATRIOT'S DAY CLOSED 	19 Grilled Chicken Breast Apricot Glaze Butternut Squash Roman Blend Vegetables 5-Grain Bread Pineapple	20 SPECIAL Vegetable Barley Soup Roast Beef with Au Jus Mashed Potatoes Dinner Roll Apple Streusel Cake Diet: Apple Grahams	21 Broccoli Bake Homefries Stewed Tomatoes Whole Wheat Bread Chocolate Pudding	22 Trips And Bridge at 1
25 Navy Bean Soup Salmon Filet Lemon Vinaigrette Scalloped Potatoes Whole Wheat Bread Fresh Orange	26 Beef Patty BBQ Sauce Sweet Potato California Blend Vegetables Hamburger Roll Lemon Cake Diet: Lemon Grahams	27 **Breaded Chicken Breast Mozzarella Cheese Marinara Sauce Cavatappi Pasta Tossed Salad Multigrain Bread Strawberry Yogurt	28 Shepherd's Pie Broccoli Honey Wheat Bread Blueberry Loaf Diet: Peaches	29 Trips And Bridge at 1



Rainbow Lunch

Worcester Elder Services and WLEN

Invite you to the Rainbow Lunch Club

Every 2nd Wed. Noon

Unitarian Church, 90 Holden St. Worcester Questions or to RSVP 508-756- 1545

Classes and Workshops

To ensure a space please pre-register at 978-733-4076 or email aturner@lanasterma.net.

Garden Whimsies Workshop



May 12th, from 12:30 -3:30 p.m.

Lancaster Seniors may register until 4/21 then registration is open to all.
Class is limited to 8.

Come find inspiration for creating up-cycled fanciful and sometimes even practical ornaments to adorn your garden. These low cost, fun projects are easy to create and a great way to turn your cast offs into a new type of 'garden heirloom', or gifts for your funky garden friends. The fanciful creations will fill in your veggie garden with colorful focal points before your plants take over. You will leave with an ornament and lots of ideas for more projects to work on when you still have a few minutes before the weeds sprout! [Bring your odd colorful plates, cups, vases, candlesticks and more. Keep your favorites and if you have extra to swap -even better! Bring one, take one (or bring two, take two.)!]

Seniors and children: \$10 Adults \$13 See our cancellation policy for trips and classes.

Sit & Stitch

Wednesday's 2:30 p.m.

A creative group of people sharing knitting and crocheting and needle work tips and materials. Some materials available. We hope to support projects for those in need., Call our office with questions



Coffee, Crumpets, & Coloring!

Chatting too.

Join us Wednesday mornings from 8:30-10 to relax over a nice cup of coffee and some toast or crumpets (whatever goodies we have or make). We provide coloring books and colored pencils to draw the morning away!

Teachers wanted!

Know someone who is talented?

We are looking for people to lead workshops and teach fitness, creative classes, a walking group, and more!

Call Alix at 978-733-4076 x 1102



Well Adult Clinic~ It is FREE!

With our town nurse, Tamara Bedard.

1st Tuesday of each month

NEW: Meet Claire of the VNA Network

3rd Wednesday of each month 11am-1pm

Advice, Blood pressure screenings and more

Join us on May 3rd , D'Ambrosio Eye Care will be screening for vision, checking pressure for glaucoma, cataract screening and answering any questions.



Join our all ages

Free Drawing & Art Group

Thursdays 1 p.m.to 3 p.m.

This casual 'support group' is led by Susan Tripp, a talented artist who will help 'coach' you as we all pick up a pencil, or charcoal or a brush.

This is a no pressure chance to draw and exchange feedback from other artists. All abilities and ages encouraged to join in.

Tips, advice and coffee and tea-Free! **Honing your talent ~ priceless!**

Garden Talk & Swap



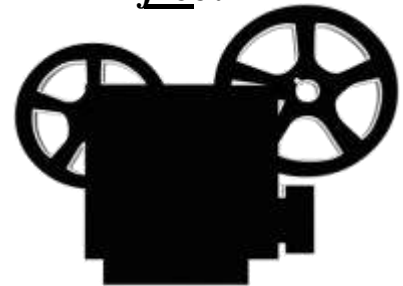
Come join us to exchange ideas, kudo's and complaints about gardening. This is not a formal garden club, rather a no cost discussion group to exchange ideas, seeds, plants and more.

Led by Marie Espinola, the wonderful volunteer who makes the library grounds so pretty. We will have tea/coffee and goodies and exchange ideas and learn and grow! (Pun intended.).

**Wednesdays 12:30 p.m.
Senior Center**

First Run Free Movies!

*You heard it here! New(ish) &
free!*



**Every Monday at 1 pm
at the Thayer Memorial Library**

In the Dexter Room, Just show up!

Check out

www.thayermemoriallibrary.org

For more details on the upcoming movies *shhh. We can't name them here but they are good!

COMMUNITY SHREDDING DAYS

Identity theft is a growing concern.

Bring up two copy/file-sized boxes of documents.

**Saturday April 9th
9 a.m. - NOON**



131 Main St. So. Lancaster

Have you been to the
Thayer Memorial Public Library lately?

They recently purchased **58 NEW titles**.

Stop in or check it out online.

thayermemoriallibrary.org



Having trouble with your landline?

Verizon is updating its traditional copper based landline telephone service to fiber optic based landline technologies. Customers receiving landline phone service may be impacted by the transition.

If you need additional information or experience issues with your telephone service, please call or email the DTC's Consumer Division

at 1-800-392-6066 or consumer.complaints@state.ma.us.



Town Wide Clean Up Days

**Saturday April 23rd & Sunday April 24th
10~2 @ DPW Barn**

We Supply- Bags, Maps & Water!

Questions? Email- info@lanasterlandtrust.org



The Cub Scout Pack 9 - 2016 Annual Pancake Breakfast!

Saturday April 9th, from 8:00 am - 11:00 a.m. at the First Church (Lancaster Town Common) 725 Main Street, Lancaster. The cost for the pancake breakfast is \$7 for adults, \$3 for kids, all you can eat. The adults will do all of the cooking and supervise the dining room and money. The boys will help set up, seat people, take customer orders, serve food, clear the tables, and help clean up. If you are a Pack 9 parent let your son's den leader know if you can help with the early morning or mid morning shifts as we rely heavily on the parents to help execute this great community event. We will also have the maple syrup that the Cub Scouts produce in the new sugarshack for sale provided we have the yield this year! Come on down and **ENJOY!**

TRIPS & EVENTS



Shopping and Entertainment Trips

*Reserve early! Trips may fill or be cancelled if there are no reservations.
(Shopping trips are two dollars round trip*; Home Pick up and Drop off
CALL 978 733 4076)*

Other trips as priced, trips are non-refundable unless we can fill your slot. We often can!

- **April 2 & 3rd:** Peter Murphy's Players Plays. Community Center
- **April 8th:** Art in Bloom
- **April 9th:** Pack 9 Cub Scout Annual Pancake Breakfast- First Church
(Lancaster Town Common)
- **April 19th:** Family Fun Day
- **April 22nd:** Stow Food Pantry
- **May 3rd:** Free eye screening by D'Ambrosio eye care
- **May 4th:** Newport Play House with Bolton MA

TRIP/CLASS CANCELLATION POLICY

We make every effort to ensure that the various planned trips do occur. However, we reserve the right to cancel the trip if there are not enough participants. Also, if you cancel, you may forfeit any payments/deposits made unless we can fill your spot from the waiting list. We typically can, but there are no guarantees!

WOODCOCKS!

Bird watching event!

April 9: about 6:45 pm. (Rain date- 4/10).

Join Friends of the Oxbow N.W.R. for a spring sunset while listening to and watching (hopefully) the courtship flight of the American woodcock. Males spiral high in the air and dive back to the grassy field to attract females.

Location: Partway down Still River Depot Road in Harvard at the large NWR sign on the right. Some walking might be necessary if the woodcocks decide to court at another favorite site further down. Be prepared for possibly muddy trails. Bring binoculars.

For more information, contact Don MacFarlane at 978-897-7567.

These programs are presented by the Friends of the Oxbow NWR



Lancaster Recreation Committee and North Country Land Trust

Present- Audubon Certified Birder,
Clay Hobart

Warbler Walk

Saturday April 30 (7- 9 a.m)
Lancaster Cook Conservation Area

Spring Bird Walk
Sunday May 1 (2-4 p.m)
Lancaster Town Forrest



*For more info check out our facebook page-
<https://www.facebook.com/Lancaster-Recreation-Committee>*

ART IN BLOOM SENIOR DAY

Like to join us for a quick visit? Call.
FITCHBURG ART MUSEUM
APRIL 8TH 10 A.M. – 2 P.M.

**Free for all FAM members \$5.00 for all non-member Seniors
(\$8 w van ride).**

**RSVP BY WED 4/6!
CALL US!**

JOIN OUR BOLTON FRIENDS FOR A TRIP

MAY 4, 2016

NEWPORT PLAYHOUSE

Performance and Cabaret

It's Courtney's wedding day, and her mom, Delia, is making sure that everything is perfect. The groom is perfect, the dress is perfect, and the decorations will be perfect. Then, like in any good farce the doorbell rings. And all hell breaks loose.

Bolton Residence \$52, Non Bolton Residence \$57

Leaves Trinity Church (14 Wattaquodock Rd. Bolton)

at 9:30. Returns between 5:00-6:00

Coach Bus Transportation.

RSVP right away 978-779-3313 Bolton COA



TEEN

MONEY MATTERS MONDAYS

APRIL 18TH @ 6:30-7:30 P.M.

MAY 2ND @ 6:30-7:30 P.M.

**Fun discussions on topics that matters
to teens today:**

- **SAVINGS**
- **BALANCING & KEEPING TRACK OF YOUR MONEY**
- **BANKING, FEES, BANK SAFETY**
- **ANY AND ALL OTHER MONEY MATTERS**

To register or for more information go to:
laurellearningsevice.com

FREE

20TH ANNUAL SENIOR ART EXHIBIT

*Sponsored by William Francis Galvin
Secretary of the Commonwealth*

**This year's theme is
"PAINT YOUR FAVORITE MEMORY"**

All medium of art is acceptable- Oils, Watercolor, Ink,
Pastels, etc

Size requirements- min. 5 by 7 and a max. of 18 by 24.

Deadline for entries is July 1, 2016 and must be mailed
or delivered to: Delores McCray
Commonwealth Museum
220 Morrissey BLVD
Boston, MA 02125

If interested see Melissa for an authorization form.

Planning For Medicare

Planning for Medicare-Countdown to 65 is a comprehensive worksite seminar that helps people approaching Medicare eligibility understand their health insurance options outside of their employer-sponsored coverage, whether they are planning to retire or not.

Lancaster Community Room
April 13th 7 p.m.



Bingo

Tuesday at 1:00 pm

Everyone is welcome!

Bring your quarters, odds are better than the lottery! We provide free coffee, treats and door prizes!

Bridge

Every Friday at 1:00 pm

Everyone is welcome

Snacks, and coffee provided

alzheimer's  association

**KNOW^{the}
10 SIGNS**

EARLY DETECTION MATTERS

Tuesday, May 31st 9-10:30 a.m.

If someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection of Alzheimer's disease gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future. This interactive workshop features video clips of people with Alzheimer's disease.

HEALTHY EATING

Thursday, April 14th 12 p.m.

Come learn about healthy eating with Christin Saucier, RD and Elizabeth Baker, DTR from Montachusett Opportunity Council! They'll be introducing MyPlate, talking about incorporating fruits and vegetables into our daily lives, and how healthy eating affects the immune system.





Family Fun Day

April Vacation

Join us! Free. All ages welcome
Tuesday April 19th

At the Lancaster Community Center
695 Main St. Behind the library. Call us 978-733-4076



7:15-10 a.m. Family Pancake Breakfast Kids eat Free!

Suggested donation: \$2.50 (Kids Eat FREE today) Pancakes, Fruit, Scrambled Eggs, Sausage, OJ, Coffee, tea & hot chocolate. Thanks to the Friends of Lancaster Seniors!

10 - 11:30 a.m. Spring Arts and Crafts- Make Pom Pom Spring Critters, Birds and Bugs, Lady Bug Paper Weights, Fabric Flower Pots+!



11:30- 12:30 p.m. Lunch- A fun menu of Hot Dogs, Grilled Nutella and Banana sandwiches, Dave's famous Mac and Cheese, Juice \$3 donation appreciated

12:30-2 p.m. NERF Wars! We have some nerf guns available, We supply ammo and prizes!



Thanks to Lancaster Cultural Council

CAMP CRAFT LANCASTER IS A PROGRAM THAT OFFERS NUMEROUS AND DIVERSE ACTIVITIES FOR CAMPER AGES 5-13.

THE PROGRAM SERVES LANCASTER RESIDENTS AS WELL AS CHILDREN FROM NEIGHBORING COMMUNITIES.

9:00AM-4:00PM

- LOW CAMPER TO COUNSELOR RATIOS.
- STAFFING THAT IS MINIMALLY 18 YEARS OLD.
- A WIDE RANGE OF UNIQUE AND ENGAGING ACTIVITIES.



JUN 27-JUL 1

JUL 4-JUL 10

JUL 11-JUL 15

JUL 18-JUL 22

JUL 25-JUL 29

AUG 1-AUG 5

AUG 8-AUG 12

AUG 15-AUG 18

AUG 22-AUG 26

\$265/CAMPER/WEEK

EXTENDED DAY

\$60/WEEK OR \$15/DAY FROM 7:30-9:00AM

\$80/WEEK OR \$20/DAY FROM 4:00-6:00PM

\$125/WEEK OR \$35/DAY FOR BOTH



**CAMP
CRAFT
LANCASTER**

WWW.COMMUNITYRECREATION.ORG/LANCASTER/LANCASTER.HTML

978 929 9997

SPONSORED BY LANCASTER RECREATION & THE LANCASTER COMMUNITY CENTER

TAXES: We all hate ‘em but it we all need to do them!

(Even if you are low income you may be due money back)!

AARP offers a Tax-Aide Program for low and moderate income taxpayers with special attention to those over 60. To make an appointment call 1-888-OUR-AARP (1-888-687-2277) and leave your name and number.

AARP Tax Sites close by

Clinton Senior Center
271 Church St
Clinton MA
978 365 9416

Sterling Senior Center
1 Park St
Sterling MA
978 422-3032

Leominster Public Library
30 West Street
Leominster MA
978 534-7522

Currently AARP is booking appointments at many area Senior Centers and Libraries

You do not need to be a resident of the town to visit; We are able to transport you.

If you need help and can wait we are working to open a Center in Lancaster too!

[illegible]

SHINE

(Serving Health Insurance Needs of Everyone)

ARE YOU TURNING 65 WITH A HEALTH CONNECTOR PLAN?

People with Health Connector coverage nearing Medicare eligibility face many obligations – to enroll in Medicare in a timely way, to notify their Connector plan about their Medicare eligibility, and to cancel their Connector plan. Despite these responsibilities, people with Connector plans receive **no notice about their Medicare eligibility** unless they are auto-enrolled in Medicare because they receive Social Security cash benefits. **In addition, Connector enrollees receive no notification that their access to premium tax credits automatically terminates when they become Medicare eligible.** *As always feel free to contact your local SHINE Regional Office at 1-800-243-4636 #3 if you have any questions.*

SHINE on line www.shinema.org

SHINE

(Serving Health Insurance Needs of Everyone)

Tuesdays at the Center

Need Insurance Help? Decoding your policy, getting ready for retirement, change in your job.

Make an appointment with Gretchen, our SHINE counselor. 978-733-4076

2016 Massachusetts Tax Amnesty

April 1–May 31

mass.gov/TaxAmnesty

Take Advantage of the Tax Amnesty before May 31, 2016

The vast majority of Bay Staters pay their taxes, but not all. Now there's an opportunity for those who have not filed, or have underreported, to get on track and **pay no penalties** through a tax amnesty.

Open to Businesses and Individuals:

- Who have **not filed** all Massachusetts tax returns when obligated to do so – could be one or more returns
- Or, who have **underreported taxes** on a previously filed tax return and want to correct the error

New tax system makes it easier to identify tax evasion

Massachusetts' new system for filing and paying is now available to businesses and will soon be available for individuals. This state-of-the-art tax system will play an important role in identifying tax avoidance. Time is limited to take advantage of this amnesty and waive penalties.

Easy, online *Amnesty Return*

First, the amount of tax is calculated by completing a return and any schedules. Then, the amount of tax due is entered on the easy, secure, online *Amnesty Return*, which will be available on the [amnesty webpage](#) as of the April 1 kickoff date. Interest is automatically calculated and the balance due will be shown. Payment can be made electronically and confirmation of receipt of the Amnesty Return is immediate.

More information is available at mass.gov/TaxAmnesty including [FAQs](#).

IN LOCAL NEWS \$\$\$\$



- Last day to withdraw/object to Nomination Paperwork is **Wednesday, April 6th**.
- Last day for voter registration to participate in the Annual Town Meeting or Annual Town Election is **Tuesday, April 12th**.
- Annual Town Meeting will take place on **Monday, May 2nd at 7:00 PM** at the Mary Rowlandson School
- Last day/time to request an absentee ballot for the Town Election is **Friday, May 6th at NOON**.
- Annual Town Election will take place on **Monday, May 9th**. Poll hours from 7:00 AM to 8:00 PM.

*Any other questions, call Mary de Alderete, Town Clerk at 978 365 2542 M-TH 8:30-4:00
The Town Clerk's Office is in the Lower Level of The Town Hall @ 695 Main Street, Lancaster*

Burn, Baby Burn! Burning Season is OPEN

Jan 15th-May 1st

Snow cover can be good protection for a fire; if you wish to burn your yard waste please contact the Fire Department to purchase a permit, and permission to burn.

*<http://www.massfire.net/brush/lancaster.php#>
or in person at 1055 Main St M-F 8-4 or check for weekend hours.
978-368-4003*

**In need?
Got help!**
Food pantry options

WHEAT

508-370-4943
Clinton MA

Offering variety of fresh produce (seasonal), baked goods. You may choose from an assortment of meat products as well, and an ample supply of pantry items such as canned goods, pasta, rice etc.

An elevator is located in the rear of the building for your convenience.

Village Church

South Lancaster
Thursday Evenings
6 pm-7 pm

Offering a wide variety of wholesome food

Stow Food Pantry

335 Great Rd (Rt 117)
Stow, MA 01775
(978) 897-4230

Offering variety of fresh produce (seasonal), baked goods. You may choose from an assortment of meat products as well, and an ample supply of pantry items such as canned goods, pasta, rice etc.



Dog Licenses

-On Sale NOW!

**Cash or check accepted.
\$10 neutered or spayed,
\$20 not altered**

*You may License your dog on Line
processing fee applies

Clerk's Office hours of Monday, 9:00 AM – 5:00 PM
Tuesday through Thursday, 9:00 AM to 4:00 PM

If you wish to mail in for the license, please enclose your check, payable to the "Town of Lancaster" and payment & include a self-addressed-stamped-envelope with additional postage (\$0.69) to have the tag(s) mailed to your home.

Alternatively, licenses can be paid for, on-line at:

http://www.ci.lancaster.ma.us/Pages/LancasterMA_WebDocs/billpay

*Any questions, call Mary Dealderte, Town Clerk or Or Dianne Reardon
at 978 365 2542 M 8:30-5 or T-TH 8:30-4:00*

Town Clerk's Office is in the Lower Level Town Hall
695 Main Street,

Sharps Collection Program

brought to you by Nashoba Board of Health(BOH)

For a \$5 (5 quart) or \$10 (10quart) Nashoba BOH will provide a safe container for sharps disposal. In these approved containers sharps may be accepted for disposal. all 978-772-3335 or www.nashoba.org for more information.



**Free
Computer Help**

With Jon Roper

Just starting out? Or getting by but would like to hone your skills. Laptop has a bug?

Tuesday mornings 9 a.m.

Call 978 733 4076

**Free
Medical Equipment
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THE FINANCIAL PAGE\$ & COMMUNITY NEWS

Last month we had a lovely pot luck soup party with many wonderful contributions! Those who were there get a copy of Celeste's secret Sausage Soup recipe, bonus! Those who could not make it may want to try the very popular Brie and Asparagus Soup, the recipe follows:

Asparagus and Brie Soup

NewStar Fresh Foods

½ pound asparagus
1 tablespoon salt
1/3 cup butter
¼ cup flour
3 cups chicken broth
½ cup sweet wine
1 cup heavy cream
½ cup Brie, rind removed and cut into chunks.

Snap or cut off the white portion on the bottom of each asparagus spear and discard. Cut the asparagus into 2-inch pieces.

Fill a pot ½ full of water, add salt and bring to a boil. Add the asparagus and cook for 3 mins. Drain and immediately plunge into a bowl of ice water. Drain.

In a sauce pan, heat butter over medium-high heat. Add the asparagus and sauté until tender. Stir in flour, reduce the heat and simmer for 10 minutes.

Stir in broth, wine, and cream. Bring to a boil, then reduce heat and simmer for 10 minutes.

Transfer the soup to a blender or processor and puree. Return to the pot and reheat to a simmer. Stir in cheese and continue to simmer for 5 minutes, or until the cheese has melted. Makes 4 servings.



Free Cooking Events!



Cooking with

Kathy Neptune

April 7th 5:15 p.m.

Cooking with Laura

Friday, April 15th, 10 am.

Come join our studio audience for the taping of Cooking with Laura. We learn more of Laura Kryger's cooking secrets. We get to taste too! That is my favorite part!!

This month Laura and her special guests will prepare family friendly treats that all ages can cook, and certainly enjoy! Laura will teach us some of her short cuts and health tips and maybe even a few of her jokes. The classes are lots of fun, a great casual way to spend a morning. Join us **FREE!** **Bring your notebook. This will be taped by SLCTV.**

CONSIDER US FOR YOUR BIRTHDAY PARTY!



Old or young it is lots of fun!
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a fun place to run around
or gather with a large group.
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LANCASTER COUNCIL on AGING
LANCASTER COMMUNITY CENTER
Suite 7, Lancaster, MA 01523

978-733-1249
www.lancasterma.net

JOIN US!

Council on Aging Board Meetings

Third Wednesday of the month

Next meeting:

April 20th

9am.

Free Coffee!

Become a Friend of the Lancaster Seniors!

We help seniors in your community

We encourage you to consider joining the Friends of the Lancaster Seniors, Inc. a non-profit corporation, open to all. *You don't have to be a Senior to be a Friend!* We have applied for federal 501(c)3 status as a non-profit, and it is well underway. Check with your accountant, most non-profit contributions are tax deductible. Stay tuned! Updates on the *Friends* will be included in the monthly COA newsletter.

Your annual membership contribution is a mainstay of our organization, helping to pay for programs that will enrich our senior's lives. Your support will help us to establish and administer assistance programs, the senior center and in the community. We will help with meals, trips, and more!

❖ Senior(60 +)	\$10
❖ Family	\$30

Web: <http://FriendsOfTheLancasterSeniors.org>

Email: FriendsOfTheLancasterSeniors@gmail.com

To become a member, fill out the information below, and send it and your check (payable to *Friends of the Lancaster Seniors, Inc.*) to:

Friends of the Lancaster Seniors, Inc. P.O Box 173 Lancaster, MA 01523.
For more information about joining FOLS, contact David James at 978-263-7962.

The Senior Center



We welcome everyone!

Monday-Thursday 9-3*

Office hours 9:00-12

**Call first*

or for special events check out our calendar

www.ci.lancaster.ma.us

We will move you!

MART Van Policies & Fees

For a full list of rules and pricing visit the town website

- **Mart service to Senior Center: Free** for senior and disabled coming to meals and events
- ***Service in Town: 50c** in all other destinations town, per stop.
- ***Service outside Lancaster: Clinton \$1. Leominster, Sterling, Bolton, Harvard is \$2 round trip. Fitchburg is \$2 each way. (Multiple stops may be charged)**
- **Friday Regular Shopping trips are \$2 per person**
- ***Special Events will be priced according to the trip.***



Reservations and Cancellations Call 978 733 4076 , At least 48 hours prior to appointment

**See our website for a full list of rules and pricing.*