

Lancaster Council on Aging Committee Meeting
Monday December 19, 2022
10:00 AM
Lancaster Community Center
Cafe Room

I. CALL TO ORDER

Meeting will be called to order at 10:00 AM

For those who would like to participate via Microsoft Teams, link is below:

Invite Link: Join Zoom Meeting

<https://us02web.zoom.us/j/82646444740?pwd=am9ZRWtac2IncFR4UEkwa1RBNWFGZz09>

Meeting ID: 826 4644 4740

Attendees:

Members:

	Present	Absent
Nicole Kanis – Chair	X	
Linda Cutler	X	
Frank Macgrory		X
Jay Moody	X	
Roberta Windsor	X	

Others present:

II. APPROVAL OF MEETING MINUTES

10:05 A.M. Review and act on previous month's meeting minutes
Minutes approved

III. SCHEDULED APPEARANCES

10:10 A.M. Jeff Paster – Board of Health

Jeff informed the group that the cases nationwide are on an uptick along with hospitalizations and death. He noted cases in Lancaster are also on the rise and will be watching these numbers very closely. He reminded folks that the new variants of the virus are highly transmissible and encouraged people to get/stay educated on the virus and the vaccine, to get vaccinated and or boosted if they so choose and mask up should they feel appropriate.

Jeff mentioned he has a plethora of masks, hand sanitizer and at home test kits should anyone need one. These items can be found at the community center, and you can reach out to the board of health should you have questions.

Jeff noted: the test kit dates will show an expiration date on the outside of the box and that is not accurate – the research on this can be found on the CDC website.

Jeff will keep an eye on the data and continue to report to the town on the cases and next steps.

IV. FRIENDS of LANCASTER FISCAL REPORT

10:15 A.M. Sheila Casey to report

FRIENDS of the LANCASTER SENIORS TREASURER'S REPORT for November 2022

CATEGORY	EXPENSES	INCOME
Coffee Fund	\$172.30	//////
PO Box Rental	\$74.00	//////
Gardening	\$100.54	
Amazon Smile	//////	\$9.28
TOTALS	\$346.84	\$9.28

Our balance on 11-30-22 is :

\$36,719.76

Our Fraticelli Oil Account balance
is \$1,311.49

Respectfully submitted, Sheila Casey

V. UPDATES FROM THE DIRECTOR OF HEALTH AND HUMAN SERVICES

10:20 A.M.

- Caitlin introduction
 - Caitlin introduced herself, her background, and her excitement to be here
- December events: Lights show, Cheer bags, stockings and more

- What is new in January:
 - Memory Café
 - Scam awareness
 - 10 signs of Alzheimer's
 - Coffee connections with Caitlin
 - Summit Eldercare
 - Protective services from aging services
 - Money management program
 - Senior Breakfast at the Church February
- Open discussion
 - Susan Munyon asked to add birthdays and the oldest person in the Lancaster to the Crier – expressed others are doing and would like to see Lancaster do something similar.
 - Susan also asked to have Bread of Life food pantry added to the Crier.
 - Mary Anne Mcleary from Nashoba Neighbors gave an overview of the program and will be back in the month of January to promote the program and join some of our programming. Kelly Dolan asked for her to host an information session in the month of February and a date will be set soon.

VI. PUBLIC COMMENT PERIOD

- Opportunity for the public to address concerns, make comments and offer suggestions on operations/programs but not on personnel matters. Complaints or criticism directed at staff, volunteers, or other officials shall not be permitted.

VII. Adjourn

- Close of meeting