



TOWN OF LANCASTER EVENTS

February 1, 2020

Volume 81 Issue 1

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Order a Custom Engraved Brick!

See More Info & Place an Order at
<https://polarengraving.com/thayerfield>

Fundraiser to Support Lancaster's Nathaniel Thayer Memorial Park



- Bricks to be used to create an accessible walkway to the Playground and around the splash pad.
- The Playground, located on the corner of Packard Street & Harvard Road in Lancaster, is the first phase of the Thayer Memorial Park Project.
- The Nathaniel Thayer Memorial Park Project is located on 22-acres directly behind the Lancaster Town Green & Thayer Memorial Library, that was gifted to the town by Pauline Thayer just prior to her death in 1934 in honor of her husband Nathaniel.
- For more info, contact Sherry Cutler at ThayerParkBricks@gmail.com



1st Annual Cabin Fever Winter Festival

Buy Your Ticket Now

at www.rotarycabinfeverfest.com

Don't miss out on the fun!
Here's what you'll see and do



Starting next week, look for these two fellows and their friends on the Bolton Common

Start decorating your sled now and join the Sled Parade.



You can also try your skills in the Pull a Person Sled Race

Touch a Truck



SATURDAY
February 1, 2020

12-4pm
Bolton Town Common



For Information:

Contact Nanci Bishop at 978-479-1603 or nanbish@yahoo.com.



The census counts every generation.

Every 10 years, the United States counts everyone who lives in the country, from newborn babies to the oldest among us. It is important for everyone to complete the 2020 Census so that communities like yours can be accurately funded and represented.

Responding is important.

The 2020 Census will influence community funding and congressional representation for the next decade. Information collected in the census will inform the allocation of more than \$675 billion in federal funds for states and communities each year. That includes money for things like:

- › First responders
- › Medicare Part B
- › Supportive Housing for the Elderly Program
- › Libraries and community centers
- › Supplemental Nutrition Assistance Program (SNAP)
- › Senior Community Service Employment Program

Responding is easy.

Beginning in mid-March 2020, you can respond to the census online, by phone, or by mail. Choose the option that is most comfortable for you. Large-print guides to the questionnaire are available upon request. From May – July 2020, census takers will visit households that have not yet responded. A census taker can assist if you need help completing your form.

Responding is safe.

Your personal information is kept confidential by law. Your responses can only be used to produce statistics. They cannot be shared with law enforcement agencies or used against you by any government agency or court in any way.

For more information, visit:

2020CENSUS.GOV

D-OP-EL-EN-125

**Shape
your future
START HERE >**

**United States
Census
2020**

Information for Local Election Candidates—Lancaster

Last Day to Register to Vote in Town Meeting/Annual Town Election	Tuesday, April 14, 2020	Town Clerk's Office Open from 9:00 AM to 8:00 PM to process registrations
Annual Town Meeting	Monday, May 4, 2020	7:00 PM, Mary Rowlandson Elementary School Auditorium
Annual Town Election	Monday, May 11, 2020	Polls Open from 7:00 AM to 8:00 PM

Position	Term	Position(s) Available
Board of Selectmen	Three Years	One Position
Town Moderator	Three Years	One Position
Board of Public Works	Three Years	One Position
Board of Library Trustees	Three Years	Two Positions
Board of Library Trustees	Two years	One Position
Board of Health	Three Years	One Position
Board of Health	One Year	One Position
Finance Committee	Three Years	Two Positions
Housing Authority	Five Years	Three Positions
Planning Board	Five Years	One Position
Regional School Committee	Three years	One Position

Interested in running for Local Office? Nomination paperwork may be picked up at the Town Clerk's Office. Signature forms are due back to the Office by Monday, March 23, 2020.

Call ahead and we'll have the paperwork ready for you!

Campaign Finance Report Timeline

First filing date (8 days prior Election): Friday, May 1st for all expenses and contributions through April 24, 2020

Second filing date (30 days post Election) due Thursday, June 11th for all expenses and contributions through June 1st. If no funds have been raised or expended, this can also be considered the "year end" report.

Funds Raised/Expended? Year-End report – due January 20th, 2021 for all expenses from June 2nd through December 31st.



Try PiYO FREE pop ups.

- January 23rd at 9:30
- February 13th at 9:30

If you like it sign up for a series

9:30 a.m. Feb. 27th, March, 5, 12, 19, 26 April 2

High intensity, low impact. Use your body to shape your body. This is not Yoga, nor Pilates but rather a combination of the best of both. Set to music you will get a workout that will help sculpt your body. Have fun and get in shape! What more could you want?

Series: \$45 mats, water provided. Drop in \$15
Reserve your class at 978-733-4076

Questions? Mm10198@yahoo.com or coadmin@lancasterma.net



Bright Star Touring Theatre presents:

AFRICAN FOLKTALES

Thayer Memorial Library

Wednesday, February 19, 11:00 AM

FREE and open to the public due to support from the Friends of the Thayer Memorial Library.

No registration required. Best suited for ages 4 and older.



Farm Friends:

Awesome Alpacas

February Break
Ages 6-10

Cultivate Care Farms
Bolton, MA



The Short Story, with Winona Wendth



Thursdays, 6 to 8 p.m. April 16, 23, 30, and May 7, 14, 21 2020

Thayer Memorial Library, 717 Main Street, Lancaster, Massachusetts

This six-week class introduces the short story—what it is and what it isn't—how to find inspiration for and develop one, and how to transform a chapter of a longer piece or a memoir into a self-contained “short form” work of fiction. Writers will practice both reading and writing short stories with the intention of producing at least one work that is “completed, but not finished.”

This class will include weekly reading and writing assignments related to setting, characters, narrative structure and plot, language and tone, and point of view.

By the end of these six sessions, writers should have the tools necessary to make and implement decisions regarding their short-form projects that will be close to ready for submitting for publication.

Writers will have time to devote to their own projects and revisions in class through guided exercises; they should plan to share their work with others, a necessary step in revision.

Class is limited to nine writers. The fee for the six-week course is \$200.00. Preregistration is required. To enroll, please visit sevenbridge.org, or contact us with questions at 7bridgewriterscollaborative@gmail.com. Deadline to register: April 1, 2020.

Winona Winkler Wendth holds an MFA from the Bennington Writers' Seminars and has been teaching literature and writing for over twenty years; she is currently an adjunct professor at Quinsigamond Community College where she teaches the short story and writing fiction, among other writing and literature courses. Her fiction and creative non-fiction has appeared in a variety of periodicals. Wendth has been a writing group leader and craft workshop presenter at Seven Bridge Writers' Collaborative for seven years.





The Scene Workshop, with Rich Marcello



**Saturday, February 15, 2020,
10:30 a.m. – 12:30 p.m.
Thayer Memorial Library, 717 Main Street, Lancaster, Massachusetts**

Arguably, the most important component of a novel is not the sentence, the paragraph, or even the overall story—it's the scene.

What makes a good scene? How does a scene move the overall story forward? How do you build a scene fraught with tension and conflict? The Scene Workshop will answer these questions along with many others focused on achieving the right balance of dialogue, internal thoughts, narrative summary, and setting, to make a scene come to life.

This is an introductory workshop. No experience necessary.

Rich Marcello is a poet, songwriter, musician, and writer. He is author of three novels, *The Color of Home*, *The Big Wide Calm*, and the recently released *The Beauty of the Fall*, all published by Langdon Street Press. Previously, he enjoyed a career as a technology executive, managing several multi-billion dollar businesses for Fortune 500 companies. Faulkner Award winner Mark Spencer praised Rich's latest novel, writing that "Few novels are as intelligent and relevant as *The Beauty of the Fall*. Almost none is as eloquent, compelling, heartbreaking, and ultimately, uplifting." His latest work, *The Long Body That Connects Us All*, is his first book of poetry. Marcello has partnered with the Seven Bridge Writers' Collaborative since 2015.



Thayer Memorial Library – Youth Services

February 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TML closed on Sundays	Boston Bruins PJ Drive! TML is collecting donations of new pajamas for local kids 0-18 years old from February 1 through March 15 . The donation bin can be found in the Children's Room.					1 Will the Therapy Dog – 10:30 AM Snuggles & Stories – 10:30 AM
2	3 LEGO Club – 4:00 PM	4	5 Early Release Movie: Addams Family – 1:30 PM	6 Story Hour: Wellness – 10:30 AM	7	8 Snuggles & Stories – 10:30 AM
9	10 Crafternoon: Yarn Hearts – 4:00 PM	11	12	13 Story Hour: Love – 10:30 AM	14 Story Hour: 10:30 AM	15 No Snuggles & Stories
16	17 LIBRARY CLOSED	18	19 Bright Star Theatre's African Folktales – 1:00 PM	20 Story Hour: Pets – 10:30 AM	21	22 Snuggles & Stories – 10:30 AM
23	24	25	26 Tween Book Group: Golden Boy – 6:00 PM	27 Story Hour: Polar Bears – 10:30 AM	28 Story Hour: 10:30 AM	29 No Snuggles & Stories

Programs marked with an asterisk (*) require registration. Contact Youth Services Librarian Maren Caulfield at 978-368-8928 x 5 or caulfieldm@cwmar.org. All other programs are drop-in and do not require registration. All programs are free and open to the public.

The Crafternoon activity is recommended for ages 8 and up. LEGO Club is open to all ages. Tween Book Group is recommended for ages 10-14.

Story Hour is recommended for ages 2-5. Snuggles & Stories is recommended for ages 0-24 months. Older and younger siblings can attend both storytime programs.

SCHEDULE OF EVENTS 2019 – 2020

**Lancaster's Statuary Gardens: A
Tour of the Old Settlers Burial
Ground & the Middle Cemetery**
Heather Lennon, Tour Guide

Sunday, October, 20, 2019 2 pm

*Meet at entrance to Middle Cemetery
Main St. S. Lancaster, MA*

**A Tour of Founders' Hall
on the Campus of
Atlantic Union College**
Professor Dean Davis, Tour Guide

Sunday, November 10, 2019 2 pm

*Meet at Founders' Hall on campus at
end of Flagg St. S. Lancaster MA*

**The Life and Times of
Clara Endicott Sears**
Presented by the Fruitlands Museum

Sunday, March 8, 2020 2 pm

*Meet at the First Church of Christ
Fellowship Hall
On the Town Green Lancaster MA*

**Annual Meeting
followed by the
Story of the Nashua River**
Presented by the
Nashua River Watershed Association

Sunday, April 26, 2020 2 pm

*Meet at the First Church of Christ
Fellowship Hall
On the Town Green Lancaster MA*

Message from the President



As we enter our 31st year, the members of the Executive Board and I are excited to present our four programs for the 2019-2020 season.

As the oldest town in Worcester County, Lancaster holds numerous treasures stretching back to pre-colonial days. This year, I am excited to be involved more directly with program planning that involves not only Lancaster but also our general region and Harvard, one of our daughter towns.

Also, we have also just finished working with Lancaster's Boy Scouts on improving the Rowlandson Rock Historic site up on George Hill and the Town Pound Historic Site along Langen Road. Do stop by and take a look if you happen to be in the vicinity of either one. The Herbert Hosmer display is also coming together nicely in the new Exhibit Room in the Prescott Building.

As always, we look forward to seeing you this fall at our first meeting, and please bring a friend or invite a new resident in your neighborhood so they can learn of Lancaster's deep, rich and colorful history. We truly have much to offer. All are welcome.

Enclosed for your convenience is a form for you to submit your membership dues. Thanks so much for your continued support.

Heather Lennon, President

The **CONROY SPEAKERS SERIES** For the community



**FREE
EVENTS!**

THURSDAY, NOVEMBER 7 6:30-8:30 PM



DAN HABIB "Intelligent Lives" Screening & Discussion with the Director

From award-winning filmmaker Dan Habib comes "Intelligent Lives," a catalyst to transform the label of intellectual disability from a life sentence of isolation into a life of possibility for the most systematically segregated people in America.

Dan Habib is the creator of the award-winning documentary films "Including Samuel," "Who Cares About Kelsey?," and many other short films on disability-related topics. Habib is currently a filmmaker at the University of New Hampshire's Institute on Disability.

For more information about Dan or the film, visit: INTELLIGENTLIVES.ORG

THURSDAY, FEBRUARY 6 (2020) 6:30-8:00 PM



SCREENAGERS "Next Chapter: Uncovering Skills for Stress Resilience" Screening

Filmmaker and physician Dr. Delaney Ruston takes the conversation to the next level with "Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience" — a film that examines the science behind teen's emotional challenges, the interplay of social media, and most importantly, what can be done to help them build crucial skills to navigate stress, anxiety, and depression in our digital age. Following the film, a discussion will be facilitated by Sharon Lowry, MSW, Perkins Assistant Director of Education and Bridget Matte, LSW, Clinical Coordinator of Perkins' Day School program.

THURSDAY, MARCH 19 (2020) 6:30-8:00 PM



MARJATTA MOIMAS Gentle Mindfulness for Wellbeing

Marjatta Moimas is a Qualified Mindfulness Based Stress Reduction (MBSR) teacher, has a BS in her home country of Finland, and an MA in Mindfulness Studies from Lesley University.

Marjatta is trained in making meditation safe and inclusive for trauma survivors as well as in Mindfulness Based Cognitive Therapy (MBCT). Join us for "Gentle Mindfulness for Wellbeing" (a trauma-sensitive approach) as we practice introductory techniques and learn about the importance of mindfulness.

THE DR. CHARLES P. CONROY SPEAKERS SERIES @ PERKINS

The Dr. Charles P. Conroy Speakers Series focuses on bringing members of our community together for lectures and discussion on a wide range of topics related to the various programs and services we provide at Perkins.

perkinsprograms.org/conroy-speakers-series/

LOCATION

Perkins @ The Janeway
Education Center

975 Main Street
Lancaster, MA

These events are **FREE**
and open to the public

PRESENTING SPONSORS



SUPPORTING SPONSOR





COLD FRAMES



SUNDAY, FEBRUARY 16TH

**7:00PM to 8:30PM, Lancaster Community Center,
behind the Library members free- non-members**

\$5.00

Cold frames and hoop houses are great season extenders, allowing vegetables to be planted 2-4 weeks earlier. Learn how, where, and when to use these interesting tools in your own garden.

Speaker-Gretel Anspach is an Overseer of the Massachusetts Horticultural Society, a Lifetime Master Gardener with the Massachusetts Master Gardener Association, and a recently-retired systems engineer for Raytheon. She considers her horticultural interests to be eclectic.

lancastergardenclub.net

JOIN US FOR AN EVENING IN PARIS!

An evening of Romance and Song

FEBRUARY 13TH 6:30-8

Dessert Crepes Buffet.

Cooking Demo's; Learn to Flambe'

Live Romantic Music

Featuring Steve Beckwith and guests.

Songs from the American Song book and more!

Plus more!

Games, prizes,

Make and Take Valentine's stations and more



Tickets Required : \$7 *If available same day tix \$10* RSVP 978-733-4076

Finally! In Lancaster

Free AARP Tax Prep Service!

Appointments required. All welcome

March 13th, March 20th

***Register NOW appointments
are filling fast.***

Don't do taxes? *You should!* \$\$ Everyone should especially in MA: Circuit Breaker! You might be leaving money on the table. AARP offers FREE tax preparation to low and moderate income families. Seniors are our specialty! WE are accepting reservations NOW! Can't make our dates? Clinton, Leominster have them too. *Sessions fill up quickly, so call early; don't wait until you get all your forms (1099's, W-2's, etc.).* Other locations are available on other days; details in next month's "Crier."

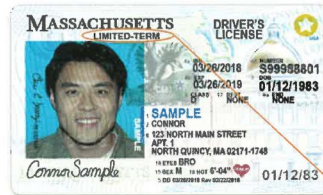
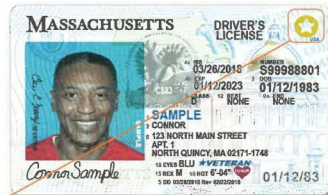
RSVP 978-733-4076



Massachusetts REAL ID & Standard Cards

CARDS ISSUED ON OR AFTER MARCH 26, 2018

REAL ID CARDS



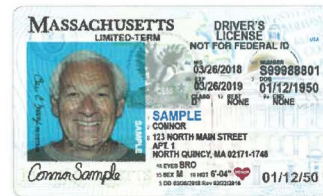
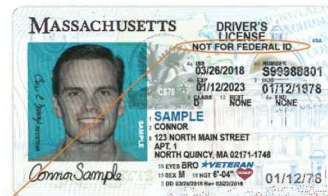
Indicator on card is a star to designate that it is a federally compliant card

UNDER 21 REAL ID CARDS



LIMITED-TERM indicates card holder's license/ID has been issued for less than 5 years and does not expire on their birthday

STANDARD CARDS



Indicator on card is 'NOT FOR FEDERAL ID' to designate that it is NOT a federally compliant card

UNDER 21 STANDARD CARDS



New field for eye color will appear on all cards



The Companion Guide to Trackards for North American Mammals

Join David Brown, Tracker Extraordinaire & Author

Free Tracking Walk*

February 22, 2020 (Rain Date TBD)

12 p.m. *Orientations and Free Hot Chocolate*

At the Center Lower level

12:30 p.m. *Walk & Learn*

Join us to learn more about Lancaster's fauna (and trees) in winter. It is a great time to walk our woodlands with less ticks, no mosquitos and many often hidden natural treasures are revealed. Visit David's website at dbwildlife.com

Co-sponsored by Lancaster Community Center and Lancaster Recreation

**This walk is slow, and may be in a rugged area. Children under 11 may loose interest. Please wear waterproof warm layers.*



Join us! Free. All ages welcome

Family Vacation Fun Days!!

Feb. 18th & Thurs. 20 & Sat 22

At the Lancaster Community Center

701 Main St. Behind the library. Call us 978-733-4076

SAVE THE DATES!

Check our Facebook page for a complete schedule and updates

Tuesday, Feb 18th

- * **8-9 a.m. Family Pancake Breakfast** Chocolate Chip, Blueberry and more Pancakes, French toast, Fruit, Scrambled Eggs, Sausage, OJ, Coffee, Tea & Hot chocolate.
- * Thanks to the Friends of Lancaster Seniors! \$3 Donation Appreciated!
- * **9-11 p.m. Free Craft Stations!** Ages 2-12 and immature
- * **11:00-12:30 p.m. NERF Wars (and competition).** BYOG. We will have some guns to borrow, we supply the bullets (NO Bullets go home-you bring them, they stay here). 11-12 Test your skills! Targets and Games of skill. Free Wars 11:30-12:30.
- * **12-1 p.m. Fun Lunch time!** A fun menu of Hot Dogs, Mac and Cheese plus Grilled Nutella & Banana sandwiches, Mac and Cheese, Juice \$3 Donation Appreciated
- * **1 p.m. A very cold movie... Ice cold Part 2!** On our big screen with free hot chocolate and popcorn!

Thursday, Feb 20nd

* **1 p.m. - 3 p.m. FREE STEAM and ARTS WINTER FAIR!**

- * Join the Homesteaders 4-H For Vacation Fun! Make and Take Winter Crafts. Lots of fun! Free!! All ages, Popcorn and Cocoa too! Bring a donation for the Homeless please. In doubt please call for suggestions- new socks, gloves, hats are best!

Saturday Feb 22nd

- * **12:30 Winter Tracking Walk** with Renowned Tracker David Brown. Author of The Companion Guide to Trackards for North American Mammals. During this rugged walk you will learn to ID tracks from Lancaster wildlife. Learn about Bark and Trees too Suitable for Adults and Older Kids (younger ones maybe bored and not want to wait while we carefully examine tracks and are careful not to run Need to walk well. Walk is Co-sponsored by Lancaster Community Center and Lancaster Recreation

OUR FIRST CRAFT BEER CRAWL

JOIN US!! TOUR THREE GREAT BREWERIES WITH FRIENDS; OLD AND NEW!



JOIN US FOR OUR MOST EXCELLENT ADVENTURE... FEB 28TH



We leave Friday late morning (10 a.m.) to travel North West to begin our first Craft Beer Crawl, we expect not the last! Join friends or make some new ones along the way. We will visit some of the best breweries in our region, Our first stop to the West is Stone Cow Brewery, a fabulous old dairy farm still in operation producing their own milk, and now 'the other mother's milk-beer! Next stop is lunch, and you guessed it- Beer! Gardener Ale House and Brewery has some great luncheon selections and some great beer. We finish the first leg of our trip at the highly acclaimed, dog friendly River Styx Brewery...hope they are not referring to the Nashua but I fear they are. Their brews are highly regarded! We leisurely make the ride home to your house! Door to door, what service!

Friendship & travel \$7 Food and beverages are not included. RSVP to 978-733-4076 by 2/21 or until filled



FREE WELLNESS CLINICS

Lancaster Community Center

8-10 a.m. 1st and 4th Tuesdays

1st Tuesday : Nashoba Board of Health

4th Tuesday: VNA Care

Free services include

health assessments (blood pressure, blood sugar, cardiopulmonary assessments),

teaching (medication, diet, disease management, preventive health, etc.)
and

referrals to community resources.

Chair Yoga **TUESDAYS at 10:30 a.m.**

*Seniors \$5 per class or 6 classes for \$25
General public \$6 per class or 6 for \$30*

No matter what your capability/ ailment or restriction is, you will learn tools and techniques to carry with you to help with discomfort, lubricate the joints, calm the mind, AND get a good work-out! We start with seated poses, core work, twists, balance, spine lengthening and strengthening and grounding work off the chair (with modifications if needed in chair), and end with a guided relaxation. This class promises to leave you feeling more peaceful, energized, and uplifted. Please let Julianna know prior to class. If you have any specific restrictions.



Hatha Yoga

Mondays @ 11 a.m. Sat @ 9:30 am

After a Tai Chi class your yoga will be better than ever! At least try one. Get the week started with gentle Hatha yoga. All ages and abilities will benefit from this yoga class. Yoga is widely recognized as a way to improve balance, improve posture, keep your range of motion, improve clarity of mind and reduce stress.

Held on the Lower Level; we provide mats and water!

Monday and Saturday: \$5 per class or 6 classes for \$25

Thursday: \$10 per class (two punches)

(Buy a card, no penalty for missed classes!)

*Just
Breathe*

Tai Chi and Quigong

Monday 9:30 am &

Tuesday Evenings 5:45 pm

Tai Chi uses gentle movements to reduce stress and improve health. "Tai Chi strengthens the weak, raises the sick, invigorates the debilitated, and encourages the timid" -Tai Chi Grandmaster Cheng Man-Ching 1947

Instructor: Jeff Cote

\$5 per class or 6 classes for \$25

(Buy a card, no penalty for missed classes!)

Lancaster's
Keep Moving Walking Club
STILL OUTDOORS:

WHEN: TUESDAYS 9:00-10:00 A.M.
WHEN: THURSDAYS 9:00-10:00 A.M.



Striders (Speedy) and Strollers (Slower) welcome!
Come join us for pancakes and then work them off!
We provide water, and companionship for a safe walk on Lancaster's
lovely byways.

Get in shape, and get healthy.
Questions? Call us at 978-733-4076!

CELEBRITY PANCAKE SERVERS!

**Census 2020
Recruitment Party!**

**Come learn about jobs working for the
US Government helping the
2020 Census.**

*Starting pay is \$22 an hour.
Questions about "The Count" we can help with
that too.*

And, as always...all you can eat scrambled eggs,
pancakes, French toast, sausage, fruit, coffee, and tea.
\$3

Sterling-Lancaster Community TV
Broadcast Schedule February 01 - February 07 2020
Comcast Channel 8

Saturday		Genre
12:00 AM	The Flying Deuces	Entertainment
4:00 AM	The Flying Deuces	Entertainment
7:30 AM	Barbara and You	Interview
8:00 AM	Village Church Service	Religion
10:00 AM	College Church Service	Religion
12:00 PM	Fork in the Road - Chocksett Inn	Local
12:30 PM	A History & Tour of the Bayard Thayer Mansion	Local
1:30 PM	Tomorrow Today - How Colors Affect Us	Documentaries
2:00 PM	Cathy Neptunes Kitchen - Super Bowls	Cooking
3:00 PM	A History & Tour of the Bayard Thayer Mansion	Local
4:00 PM	The Boink Show - Dentists	Children
5:00 PM	Luther Burbank Winter Concert 2019	Local Music
6:00 PM	The Most Peaceful Night (Leominster) - Part 2	Music
7:00 PM	Tomorrow Today - How Colors Affect Us	Documentaries
7:30 PM	Fork in the Road - Chocksett Inn	Local
8:00 PM	A History & Tour of the Bayard Thayer Mansion	Local
9:00 PM	Out and About - Gems, Minerals, & Fossils	Hobby
9:30 PM	Out and About - Antarctic Dinosaurs	Hobby
10:00 PM	Barbara and You	Interview
Sunday		
12:00 AM	The Flying Deuces	Entertainment
4:00 AM	The Flying Deuces	Entertainment
7:00 AM	Trinity Bolton Church Service	Religion
9:00 AM	ECC Church Service	Religion
11:00 AM	Trinity Lutheran Church Service	Religion
12:00 PM	Fork in the Road - Chocksett Inn	Local
12:30 PM	A History & Tour of the Bayard Thayer Mansion	Local
1:30 PM	Tomorrow Today - How Colors Affect Us	Documentaries
2:00 PM	Cathy Neptunes Kitchen - Super Bowls	Cooking
3:00 PM	A History & Tour of the Bayard Thayer Mansion	Local
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9:00 PM	Out and About - Gems, Minerals, & Fossils	Hobby

9:30 PM	Out and About - Antarctic Dinosaurs	<i>Hobby</i>
10:00 PM	Barbara and You	<i>Interview</i>

Monday - Friday

12:00 AM	Quicksand	<i>Entertainment</i>
4:00 AM	Quicksand	<i>Entertainment</i>
7:30 AM	Barbara and You	<i>Interview</i>
9:00 AM	Eat Well Be Happy - Barley Pilaf	<i>Cooking</i>
10:00 AM	Talk Me Healthy - Financial Wellness	<i>Health</i>
11:00 AM	Out and About - Elephant Art	<i>Hobby</i>
11:30 AM	Out and About - Robotic Dinosaurs	<i>Hobby</i>
12:00 PM	Channel 8 Community Updates	<i>News</i>
12:30 PM	A History & Tour of Founders Hall (Part 1)	<i>Local</i>
1:30 PM	Shift - Autonomous Drones	<i>Documentaries</i>
1:45 PM	Shift - Digital Wallets	<i>Documentaries</i>
2:00 PM	Church Services	<i>Religion</i>
4:00 PM	The Boink Show - Mayors	<i>Children</i>
5:00 PM	Polarized Guru at First Parish Church	<i>Music</i>
7:00 PM	Shift - Autonomous Drones	<i>Documentaries</i>
7:15 PM	Shift - Digital Wallets	<i>Documentaries</i>
7:30 PM	Channel 8 Community Updates	<i>News</i>
8:00 PM	A History & Tour of Founders Hall (Part 1)	<i>Local</i>
9:00 PM	Out and About - Elephant Art	<i>Hobby</i>
9:30 PM	Out and About - Robotic Dinosaurs	<i>Hobby</i>
10:00 PM	Barbara and You	<i>Interview</i>

Please note this schedule is subject to change.
Refer to www.slctv.us for any updates.

Sterling-Lancaster Community TV
Broadcast Schedule February 08 - February 14, 2020
Comcast Channel 8

Saturday		Genre
12:00 AM	Quicksand	<i>Entertainment</i>
4:00 AM	Quicksand	<i>Entertainment</i>
7:00 AM	Barbara and You	<i>Interview</i>
8:00 AM	Village Church Service	<i>Religion</i>
10:00 AM	College Church Service	<i>Religion</i>
12:00 PM	Channel 8 Community Updates	<i>News</i>
12:30 PM	A History & Tour of Founders Hall (Part 1)	<i>Local</i>
1:30 PM	Shift - Autonomous Drones	<i>Documentaries</i>
1:45 PM	Shift - Digital Wallets	<i>Documentaries</i>
2:00 PM	Channel 8 Community Updates	<i>News</i>
3:00 PM	Talk Me Healthy - Financial Wellness	<i>Health</i>
4:00 PM	The Boink Show - Mayors	<i>Children</i>
5:00 PM	Polarized Guru at First Parish Church	<i>Music</i>
7:00 PM	Shift - Autonomous Drones	<i>Documentaries</i>
7:15 PM	Shift - Digital Wallets	<i>Documentaries</i>
7:30 PM	Channel 8 Community Updates	<i>News</i>
8:00 PM	A History & Tour of Founders Hall (Part 1)	<i>Local</i>
9:00 PM	Out and About - Elephant Art	<i>Hobby</i>
9:30 PM	Out and About - Robotic Dinosaurs	<i>Hobby</i>
10:00 PM	Barbara and You	<i>Interview</i>
Sunday		
12:00 AM	Quicksand	<i>Entertainment</i>
4:00 AM	Quicksand	<i>Entertainment</i>
7:00 AM	Trinity Bolton Church Service	<i>Religion</i>
9:00 AM	ECC Church Service	<i>Religion</i>
11:00 AM	Trinity Lutheran Church Service	<i>Religion</i>
12:00 PM	Channel 8 Community Updates	<i>News</i>
12:30 PM	A History & Tour of Founders Hall (Part 1)	<i>Local</i>
1:30 PM	Shift - Autonomous Drones	<i>Documentaries</i>
1:45 PM	Shift - Digital Wallets	<i>Documentaries</i>
2:00 PM	Channel 8 Community Updates	<i>News</i>
3:00 PM	Talk Me Healthy - Financial Wellness	<i>Health</i>
4:00 PM	The Boink Show - Mayors	<i>Children</i>
5:00 PM	Polarized Guru at First Parish Church	<i>Music</i>
7:00 PM	Shift - Autonomous Drones	<i>Documentaries</i>

7:15 PM	Shift - Digital Wallets	<i>Documentaries</i>
7:30 PM	Channel 8 Community Updates	<i>News</i>
8:00 PM	A History & Tour of Founders Hall (Part 1)	<i>Local</i>
9:00 PM	Out and About - Elephant Art	<i>Hobby</i>
9:30 PM	Out and About - Robotic Dinosaurs	<i>Hobby</i>
10:00 PM	Barbara and You	<i>Interview</i>

Monday - Friday

12:00 AM	The Lady Confesses	<i>Entertainment</i>
4:00 AM	The Lady Confesses	<i>Entertainment</i>
7:30 AM	Barbara and You	<i>Interview</i>
9:00 AM	Small Things Greatly - Dipped Chocolates	<i>Cooking</i>
9:30 AM	Small Things Greatly - Chocolate Boxes	<i>Cooking</i>
10:00 AM	Yoga for Health and Joy - Sciatica	<i>Health</i>
11:00 AM	Out and About - Interior Design Show	<i>Hobby</i>
11:30 AM	Out and About - Bead and Jewelry Show	<i>Hobby</i>
12:00 PM	A History & Tour of Founders Hall (Part 2)	<i>Local</i>
1:00 PM	Euromaxx - Cake Art and Mountain Porters	<i>Documentaries</i>
2:00 PM	Church Services	<i>Religion</i>
4:00 PM	The Boink Show - Police Officer	<i>Children</i>
5:00 PM	Rough and Tumble at New Revival	<i>Music</i>
7:00 PM	Euromaxx - Cake Art and Mountain Porters	<i>Documentaries</i>
8:00 PM	A History & Tour of Founders Hall (Part 2)	<i>Local</i>
9:00 PM	Out and About - Interior Design Show	<i>Hobby</i>
9:30 PM	Out and About - Bead and Jewelry Show	<i>Hobby</i>
10:00 PM	Barbara and You	<i>Interview</i>

Please note this schedule is subject to change.
Refer to www.slctv.us for any updates.