



## TOWN OF LANCASTER EVENTS

October 1 2018

Volume 68 Issue 1

### Inside this issue:

Birds of Costa Rica	1
Rosemary Davis Schedule	2
Recreational Basketball	3
IMPORTANT Recycling Message	4
Writing More than Your Book	5
Revitalize Your Brain	6
Seven Bridge Open Mic	7
Cultural Council Proposals	8
Historical Comm Notice	9
Quilt Class	10
Growing Places	11
Ski Club	12
SLCTV Schedule	13

DISCOVER  
THE BIRDS OF  
COSTA RICA

*Peter Christoph*

Rosemary Davis  
Nature Series

Thayer Memorial Library  
717 Main Street  
Lancaster, MA 01523-2248  
(978) 368-8928

Images by Peter Christoph

OCT. 16TH  
@  
6:30 PM

Join award-winning wildlife photographer Peter Christoph for a photo journey which will help us develop a deeper appreciation for the birds, animals, and plants that inhabit this fragile tropical paradise where the rainforest meets the sea. Ideal for young adults and adults.



This program is funded by a grant from the Rosemary Davis Memorial Fund of the Greater Worcester Community Foundation.

### KEY



Helpful Information



Save the Date!



News!



Neighboring Towns

## The Rosemary Davis Nature Series 2018-19 Program Schedule

**Wednesday, Aug. 15 @ 6:00 p.m.**

*Learning Anti-bullying Lessons from Our Animal Friends*

**Presented by:** Animal Adventures

**LIVE ANIMALS**—including a KANGAROO, will help teach children & teens that bullying is not acceptable and how you can present yourself to keep others from bullying you.

*Recommended for Children & Teens.*

**Tuesday, Sept. 11 @ 6:30 p.m.**

*Wild Heroes*

**Presented by:** Animal World Experience

**LIVE ANIMALS**—Many famous superheroes have animal powers and every animal has the power to be a superhero. Learn what special abilities these animals have so that you too can be a superhero in your own way.

*Recommended for Children & Families.*

**Tuesday, Oct. 16 @ 6:30 p.m.**

*Discover the Birds of Costa Rica*

**Presented by:** Photographer Peter Christoph

This photo journey will help us develop a deeper appreciation for the birds, animals, and plants that inhabit this fragile tropical paradise where the rainforest meets the sea.

*Recommended for Young Adults & Adults.*

**Tuesday, Nov. 6 @ 6:30 p.m.**

*Puffins and Auks and Muirs ... Oh, My ...*

**Presented by:** Photographer John Rockwood,  
**The Loon Man**

This photo journey will include seals, eagles, ospreys, moose, fox, and swans too.

*Recommended for Young Adults & Adults.*

**Tuesday, Mar. 19 @ 6:30 p.m.**

*Discover the Owls of New England*

**Presented by:** Photographer Peter Christoph

This photo journey will take us exploring all over New England while tracking these magnificent birds that rule the night.

*Recommended for Young Adults & Adults.*

**Monday, Apr. 8 @ 6:30 p.m.**

*The World of Owls*

**Presented by:** Wingmasters

**LIVE OWLS**—A wealth of fact and folklore about these masters of the dark explains the natural and unnatural history of owls.

*Recommended for Ages 5—Adults.*

**Tuesday, Apr. 23 @ 6:30 p.m.**

*Wiggles & Waggles!*

**Presented by:** Photographer John Rockwood,  
**The Loon Man**

Follow these comical twin loons from the day they were born until they migrate to the ocean 6 months later. See videos of adult loons and chicks swimming under water.

*Recommended for Young Adults & Adults.*

**Monday, Apr. 29 @ 6:30 p.m.**

*Ani-Motion!*

**Presented by:** Animal World Experience

**LIVE ANIMALS**—Walk on the wild side and learn how animals stay fit & healthy.

*Recommended for Children & Families.*

**Tuesday, June 4 @ 6:00 p.m.**

*Edible Landscaping: The Latest Garden Design*

**Presented by:** Chef Liz Barbour

Learn how to utilize your limited garden space so that it can be productive and beautiful at the same time. Slide show, cooking demonstration, and tasting.

*Recommended for Adults.*

**LIMITED SEATING—REGISTRATION REQUIRED.**

**Tuesday, June 18 @ 6:30 p.m.**

*In the Groves: World Stories and Songs that Celebrate Trees*

**Presented by:** Master Storyteller Diane

**Edgecomb & Celtic Harper Margot Chamberlain**

Learn how various cultures have imagined the living world of plants and trees. Travel around the world and celebrate this garden of delights. Stories include music and songs from many lands.

*Recommended for Ages 8—Adult.*

## Lancaster Recreation Basketball



### **Lancaster Recreation Basketball is Designed for Girls and Boys in Grades 1 through 8**

Grades 3 through 8 compete in the Nashoba Youth Basketball League with games played in Berlin, Bolton, Harvard, Maynard and Stow.

#### **1<sup>st</sup> and 2<sup>nd</sup> Grade Program:**

- The program is intra-town and runs from December through January.
- The registration fee is \$65.
- Practices will be Saturday mornings. Games are on weeknights from 6-7p.m.
- Games and practices are held at the Mary Rowlandson Elementary and Luther Burbank Middle School gymnasiums.

Initial sessions are spent performing drills emphasizing basketball fundamentals and skill development.

#### **3<sup>rd</sup> through 8<sup>th</sup> Grade Program:**

- The program runs from November thru February in the Nashoba Youth Basketball League (N.Y.B.L.)
- 3<sup>rd</sup> and 4<sup>th</sup> grade players start in December and registration is \$75,
- 5<sup>th</sup> thru 8<sup>th</sup> grade players begin in November and registration is \$85.
- Practices will be weeknights and games will be on the weekends.
- Home games and practices are held at Mary Rowlandson Elementary and Luther Burbank Middle School gymnasiums.

Players are divided into balanced teams that will compete in the N.Y.B.L. The emphasis of this league is fun, teamwork and sportsmanship.

#### **Online Registration:**

**Saturday, September 1<sup>st</sup> thru Sunday, September 30<sup>th</sup>.**

For player registration please [Click Here](#)

"On this page, scroll down to **CLICK HERE**. Enter your email address and password, create an account, or if you already have one click "Registrations" in the bar at the top to access the registration form."

**Late Registration:** *A \$50.00 late fee per player will be assessed.*

**Monday, October 1<sup>st</sup> thru Monday, October 15<sup>th</sup>.**  
**Registration is closed on October 16<sup>th</sup>**



This is an all-volunteer league run by fellow parents just like you. If you are interested in participating as a coach or a general volunteer with the league, or have player/league questions, please email Bill Duggan at <mailto:bduggan41@comcast.net>

Questions regarding registration  
please email [Recinfo@Lancasterma.net](mailto:Recinfo@Lancasterma.net)







### **Critical message from Larry Shoer about the Lancaster Recycling Center**

Several hundred families from Lancaster and surrounding communities use the Lancaster Recycling Center. As the Lead Volunteer at the Recycling Center I am facing two problems that appear to spell the end of community recycling in Lancaster.

- At the end of October I complete my administrative activities that support the Recycling Center. After that, there are no volunteers scheduled to oversee the operation of the facility.
- Because of worldwide changes in the recycling industry, Recycling Center expenses significantly exceed income.

To discuss these problems, over the past year and a half I have met several times with the Lancaster Town Administrator and, in June 2018, I met in public meeting with the Board of Selectmen. The problems remain unresolved. Administrative support of the Recycling Center requires the effort of others.

The Lancaster Recycling Center will be discussed at the Lancaster Board of Selectmen meeting on Monday, October 1, 2018, at 6:00 PM, in the Prescott Building – Nashaway Room. (Also under discussion at this meeting is the Board of Selectmen official letter to MassHousing concerning the Goodridge Brook Estates housing project proposed for Sterling Road.)

Please contact Lancaster Town Administrator Orlando Pacheco ([opacheco@lancasterma.net](mailto:opacheco@lancasterma.net)) or Larry Shoer ([LarryShoer@comcast.net](mailto:LarryShoer@comcast.net)) right away if you can help with Recycling Center operations.



**Writing More Than Your Book:  
Queries and the Business Side of Writing,  
with Dale Phillips**



**Saturday, October 20, 2018  
10:30 a.m. – 12:30 p.m.  
Thayer Memorial Library**

These days, writing the book is only part of what a writer needs to do. More than connecting with readers, writers must also connect with people from the business side of writing. When writers expect to be published and paid for writing, there are many issues involved, so communication must be precise and concise to be effective. Others in the business will judge a writer by how well they communicate, and this workshop will help writers improve their standing and understanding.

The workshop will explain and focus on the various types of communications a writer might need to know, from targeted query letters (to agents, editors, and publishers), to acceptance letters, contract negotiations, requests, synopses, and more. A list of resources will aid the writer in finding more information on the topics presented.

Dale Phillips has published novels, story collections, non-fiction, and over 70 short stories. Stephen King was Dale's college writing teacher, and since that time, Dale has found time to appear on stage, television, in an independent feature film, and compete on Jeopardy (losing in a spectacular fashion). He co-wrote and acted in a short political satire film. He's traveled to all 50 states, Mexico, Canada, and through Europe.





## **Revitalize Your Brain: Spur Your Creative Muse with Paula Castner**



**Wednesdays, October 3, 10, 17, and 24, 2018, 6:00 p.m. – 8:00 p.m.  
Lancaster Community Center, Lancaster, Massachusetts**

Studies reveal that writing, dancing, art, and listening to music improve brain function. Writing encourages the two hemispheres of the brain to work together, enhancing memory, productivity and stress relief. Dancing increases the brain's ability to manage balance, encourages neuroplasticity, and strengthens muscle memory. Art raises serotonin levels which affects mood, and the "wow" factor of appreciating art trains the brain to be more hopeful. Music boosts the brain's ability to learn and to lower and manage anxiety.

Come, join us for a four-week workshop to revitalize your brain. Participants will draw, dance, listen and sing to music, and journal. Open to all ages. Please wear comfortable clothing.

Paula Castner is the Chief Operating Officer for Seven Bridge Writers Collaborative as well as a freelance writer, playwright, drama director, writing workshop facilitator, baking coach, and professional administrator. Her pieces have been published in a variety of venues, from parenting magazines, to newspapers, to online magazines, and have claimed first prize in several writing contests. Her play, *A Fairy Tale Life? A Musical*, with music by Canadian folk artist, Nancy Beaudette, was performed in Lancaster, Massachusetts. She is currently working on her second musical, set in an art museum. Her long-term writing project is a fictionalized account of a historical court case about a slave girl from Holden, MA.

For more information, email [7bridgewriterscollaborative@gmail.com](mailto:7bridgewriterscollaborative@gmail.com) or check out SWBC's website at <https://sevenbridge.org/>



Seven Bridge Writers' Collaborative and Thayer Memorial Library Present

### OPEN MIC

Tuesday, October 23rd, 2018  
Tuesday, February 26<sup>th</sup>, 2019  
Tuesday, June 25<sup>th</sup>, 2019

6:30 to 8:30 PM  
Thayer Memorial Library  
717 Main Street, Lancaster, MA

Get The Word Out!  
No preregistration required.  
5 Minute Maximum.

For more information on this program, or to learn more about Seven Bridge, please visit  
<https://sevenbridge.org/>. For questions, contact us at [7bridgewriterscollaborative@gmail.com](mailto:7bridgewriterscollaborative@gmail.com).



# ***ACCEPTING PROPOSALS***



Lancaster Cultural Council is currently accepting online grant proposals from organizations, schools and individuals to support artistic projects, cultural events and activities in Lancaster and surrounding communities. To submit a grant proposal, visit [www.mass-culture.org](http://www.mass-culture.org). Application deadline is Monday, October 15, 2018.

Visit the Lancaster Cultural Council website [www.ci.lancaster.ma.us/cultural-council](http://www.ci.lancaster.ma.us/cultural-council) for more information and to view the 2018 Community Survey report.



## ***Lancaster Historical Society***

### **Exciting News:**

Checkout our Facebook page: Lancaster Historical Society

We have a GoFundMe Page for the Hosmer Dollhouse Restoration Project and information about Lancaster's one and only Herbert Hosmer.

Also..... **The first program of our 2018-2019 season is coming up soon!**

**TITLE:** "The Central Massachusetts Railroad and the Wachusett Reservoir: The Railroad that Went Under Water"

**PRESENTER:** Railroad enthusiast Ed Sterling

**DATE:** Sunday, October 14, 2018

**TIME:** 2 pm to 3 pm

**PLACE:** First Church of Christ Fellowship Hall on our historic Town Green

### **FREE AND OPEN TO THE PUBLIC**

Our complete Calendar of Events will be coming out soon. If you would like to be a member of the Society, please email us at [LancasterHistoricalSociety@yahoo.com](mailto:LancasterHistoricalSociety@yahoo.com) and we will send you information.

## Quilting Class Series

**Create the perfect holiday gift-made with love!**



### No Experience? No Problem!

Do you want to learn to make a quilt? Or preserve special memories with a t-shirt quilt? Or do you want to work on your own project with a bit of coaching, assistance and encouragement? This is the class for you!

We'll start with a charm pack (5" squares), learn all the basics and make a "charming" baby quilt. If you prefer a T-shirt quilt, gather 12-15 t-shirts and we will turn them into a lap quilt. OR If you have your own project bring it along and enjoy some expert advice and fun companionship. Basic sewing skills are required (thread your machine, sew a simple seam). You should bring a sewing machine, thread, scissors, rotary cutter and mat. Mothertown Quilters Guild will be teaching this class\*. Please contact [mothertownquilters@gmail.com](mailto:mothertownquilters@gmail.com) for a detailed supply list for a baby quilt or a T-shirt quilt. \*Don't have supplies. We may, so be in touch and let's talk.

Classes will meet for two-hour sessions. You may stay for a third hour to work on your project.

**October 10,17,24,31**

**12:30-3:30 p.m.**

**Lancaster Community Center**

*Pre-Registration required.*

*Lancaster Residents: \$20 for the series. All others \$25  
Class is limited to the first 10*

*Register at 978-733-4076 or [dtraylor@lancasterma.net](mailto:dtraylor@lancasterma.net)*





# 7TH ANNUAL HARVEST FUNDRAISER



CELEBRATE A  
GREAT SEASON OF  
CONNECTING  
COMMUNITY  
THROUGH  
REAL FOOD!

OCTOBER 10  
6-8 PM

LANCASTER  
COMMUNITY CENTER  
695 MAIN STREET

\$40 / \$45  
EARLY BIRD\* /  
REGULAR  
(\*BEFORE 9/5)

## FEATURING

Seasonal appetizers  
Craft brews with Moon Hill  
Brewing Co.  
Seasonal dessert competition  
Live local music from Fields  
Local-themed raffles

**TICKETS:**  
[growingplaces.org](http://growingplaces.org)

  
UMassMemorial  
HealthAlliance-Clinton Hospital

**CMOS**  
CENTRAL MASS ORAL SURGERY

 **WORKERS**  
CREDIT UNION  
Banking that works.

Visit [growingplaces.org](http://growingplaces.org) for a full list of all our great sponsors!

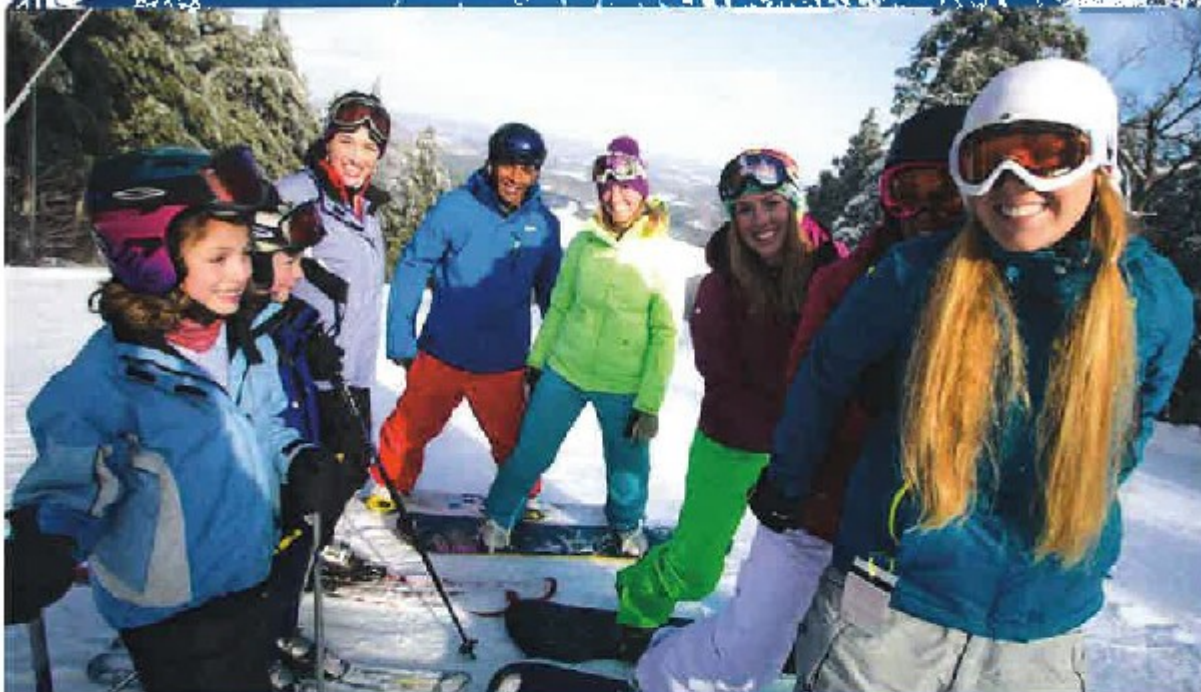
  
**Eating In Catering**  
Leominster, MA

  
FC FEDERAL  
CREDIT  
UNION

  
 **CLEARTECH GROUP**



# Mountain Fun... Minutes Away



**Lancaster Recreation Ski Club**

**Save \$100 on Season Passes! Purchase before 11/14/2018**

**More info contact:**

**kennedy2004@comcast.net**



**[www.wachusett.com](http://www.wachusett.com)**



# STERLING - LANCASTER COMMUNITY TV

## Sterling-Lancaster Community TV Broadcast Schedule September 29 to October 05 2018 Comcast Channel 8

Saturday	Genre
12:00 AM Things To Come	Entertainment
4:00 AM Things To Come	Entertainment
6:30 AM Barbara and You	Interview
8:00 AM Village Church Service	Religion
10:00 AM College Church Service	Religion
12:00 PM Channel 8 Community Updates	News
12:30 PM Goth Fly a Kite	Local
1:00 PM Tomorrow Today - An Astonishing Mammal	Documentaries
2:00 PM Channel 8 Community Updates	News
2:30 PM Goth Fly a Kite	Local
3:00 PM Car Guy Channel - Projects & Restorations	Hobby
4:00 PM Childrens Corner - Weaving is Believing	Children
5:00 PM Capital Jazzfest - Liberty Jazz	Music
6:00 PM Valley Homegrown - Something Else	Music
7:00 PM Tomorrow Today - An Astonishing Mammal	Documentaries
8:00 PM Channel 8 Community Updates	News
8:30 PM Goth Fly a Kite	Local
9:00 PM Car Guy Channel - Projects & Restorations	Hobby
10:00 PM Barbara and You	Interview

Sunday	Genre
12:00 AM Things To Come	Entertainment
4:00 AM Things To Come	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 PM Channel 8 Community Updates	News
12:30 PM Goth Fly a Kite	Local
1:00 PM Tomorrow Today - An Astonishing Mammal	Documentaries
2:00 PM Channel 8 Community Updates	News
2:30 PM Goth Fly a Kite	Local
3:00 PM Car Guy Channel - Projects & Restorations	Hobby
4:00 PM Childrens Corner - Weaving is Believing	Children
5:00 PM Capital Jazzfest - Liberty Jazz	Music
6:00 PM Valley Homegrown - Something Else	Music
7:00 PM Tomorrow Today - An Astonishing Mammal	Documentaries

8:00 PM Channel 8 Community Updates	News
8:30 PM Goth Fly a Kite	Local
9:00 PM Car Guy Channel - Projects & Restorations	Hobby
10:00 PM Barbara and You	Interview

Monday - Friday	Genre
12:00 AM The Yesterday Machine	Entertainment
4:00 AM The Yesterday Machine	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Cathy Neptune's Kitchen - Feast of Flats	Cooking
10:00 AM The Natural Way - Secrets of Healthy Aging	Health
11:00 AM Car Guy Channel - Mountain View A La Cart	Hobby
12:00 PM Expanding the Narrative	Local
1:00 PM Shift - Self Driving Mini Busses	Documentaries
1:15 PM Shift - Data Trading on Social Networks	Documentaries
2:00 PM Church Services	Religion
4:00 PM Childrens Corner - Blueberry Promises	Children
5:00 PM Capital Jazzfest - Kansas City Trumpet Summit	Music
6:00 PM Valley Homegrown - Small Change	Music
7:00 PM Shift - Self Driving Mini Busses	Documentaries
7:15 PM Shift - Data Trading on Social Networks	Documentaries
8:00 PM Expanding the Narrative	Local
9:00 PM Car Guy Channel - Mountain View A La Cart	Hobby
10:00 PM Barbara and You	Interview

Please note this schedule is subject to change.  
Refer to [www.slctv.us](http://www.slctv.us) for any updates.

## Sterling-Lancaster Community TV Broadcast Schedule October 06 to October 12, 2018 Comcast Channel 8

Saturday	Genre
12:00 AM The Yesterday Machine	Entertainment
4:00 AM The Yesterday Machine	Entertainment
6:30 AM Barbara and You	Interview
8:00 AM Village Church Service	Religion
10:00 AM College Church Service	Religion
12:00 PM Expanding the Narrative	Local
1:00 PM Shift - Self Driving Mini Busses	Documentaries
1:15 PM Shift - Data Trading on Social Networks	Documentaries
1:30 PM Welcome to Sterling Senior Center	Local
2:00 PM The Natural Way - Secrets of Healthy Aging	Health
3:00 PM Car Guy Channel - Mountain View A La Cart	Hobby
4:00 PM Childrens Corner - Blueberry Promises	Children
5:00 PM Capital Jazzfest - Kansas City Trumpet Summit	Music
6:00 PM Valley Homegrown - Small Change	Music
7:00 PM Shift - Self Driving Mini Busses	Documentaries
7:15 PM Shift - Data Trading on Social Networks	Documentaries
7:30 PM Welcome to Sterling Senior Center	Local
8:00 PM Expanding the Narrative	Local
9:00 PM Car Guy Channel - Mountain View A La Cart	Hobby
10:00 PM Barbara and You	Interview

Sunday	Genre
12:00 AM The Yesterday Machine	Entertainment
4:00 AM The Yesterday Machine	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 PM Expanding the Narrative	Local
1:00 PM Shift - Self Driving Mini Busses	Documentaries
1:15 PM Shift - Data Trading on Social Networks	Documentaries
1:30 PM Welcome to Sterling Senior Center	Local
2:00 PM The Natural Way - Secrets of Healthy Aging	Health
3:00 PM Car Guy Channel - Mountain View A La Cart	Hobby
4:00 PM Childrens Corner - Blueberry Promises	Children
5:00 PM Capital Jazzfest - Kansas City Trumpet Summit	Music
6:00 PM Valley Homegrown - Small Change	Music

7:00 PM Shift - Self Driving Mini Busses	Documentaries
7:15 PM Shift - Data Trading on Social Networks	Documentaries
7:30 PM Welcome to Sterling Senior Center	Local
8:00 PM Expanding the Narrative	Local
9:00 PM Car Guy Channel - Mountain View A La Cart	Hobby
10:00 PM Barbara and You	Interview

Monday - Friday	Genre
12:00 AM The Vampire Bat	Entertainment
4:00 AM The Vampire Bat	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Wicked Good Food - Butternut Squash Soup	Cooking
10:00 AM Energize with Morning Yoga	Health
11:00 AM Car Guy Channel - Pacific Coast Dream Machines	Hobby
11:30 AM Welcome to Sterling Senior Center	Local
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Global 3000 - Fighting Poachers in Kenya	Documentaries
2:00 PM Church Services	Religion
4:00 PM Childrens Corner - Rules Rule	Children
5:00 PM Capital Jazzfest - Good 4 The Soul	Music
6:00 PM Mostly Rock n Roll - Jenna Lotti	Music
7:00 PM Global 3000 - Fighting Poachers in Kenya	Documentaries
7:30 PM Welcome to Sterling Senior Center	Local
8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals
9:00 PM Car Guy Channel - Pacific Coast Dream Machines	Hobby
10:00 PM Barbara and You	Interview

Please note this schedule is subject to change.  
Refer to [www.slctv.us](http://www.slctv.us) for any updates.