

# Lancaster Events this Month

Town of Lancaster

January 1, 2017

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## 200th Anniversary of Bulfinch Meeting House



*Designed by Charles Bulfinch in 1816 and dedicated January 1, 1817  
Lancaster's Fifth Meeting House is considered "a masterpiece of American architecture"  
and is listed as a National Historic Landmark.*



## CELEBRATE WITH US THE 200<sup>TH</sup> ANNIVERSARY OF LANCASTER'S BULFINCH MEETING HOUSE

Sunday, January 8, 2017 at 3pm



Many of the Congregational and Unitarian churches in North Central Massachusetts, including those in Lancaster's "daughter towns" of Harvard, Bolton, Berlin, Leominster, Sterling, Boylston and Clinton, trace their history back to First Church of Christ in Lancaster, founded in 1653.



Join us as we rededicate Lancaster's Fifth Meeting House for worship and service to the community.



Ministers are invited to robe and process along with elected officials. Singers are invited to join with combined choirs; rehearsal begins at 2pm. Reception to follow immediately after the service.



First Church of Christ Unitarian, 725 Main Street, Lancaster MA 01523



[www.firstchurchlancasterma.org](http://www.firstchurchlancasterma.org)



## KEY



Helpful Information



Save the Date!



News!



Neighboring Towns

Remember, you can unsubscribe at any time by emailing "unsubscribe" to "townclerk@lancasterma.net"



## Coming Up In December at First Church of Christ Unitarian

### Coming Up in January at First Church of Christ Unitarian

#### 10am Worship and Religious Education:

**January 1:** A special Jazz Service to say goodbye to the old year and welcome the New Year.

**January 8:** Guest speaker Rev. Richard Trudeau: "Mother of Us All: A New Look at Eve and the Serpent"

**January 15:** A special Martin Luther King, Jr. Service, with guest speaker Sedie Maruska

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**200<sup>th</sup> Anniversary Rededication of the Bulfinch Meeting House, 3pm on January 8<sup>th</sup>.** A town-wide celebration of this magnificent architectural landmark built by the Town of Lancaster as a meeting place for both worship and town government.

See the front page of newsletter for more information.

## Mindfulness Meditation

The weekly Mindfulness Meditation group continues to meet on Tuesday evening from 6-7:30pm in the church parlor (Chapel/Office entrance facing Main Street). Practitioners of all levels are welcome. A free-will offering will be taken.

Free information session on "Mindful Self-Compassion," on Thursday, January 12 at 7pm (Chapel/Office entrance facing Main Street). Come learn more about this eight week program which will run from March 16-April 4.

See flyer to the right or learn more at the Church's website:

(<http://www.firstchurchlanasterma.org/adult-programs/mindfulness-meditation>)



# Mindful Self-Compassion

8-Week Program



**Mindful Self-Compassion** is an empirically-supported, 8-week, training program designed to cultivate the skill of self-compassion. Based on the groundbreaking research of Kristin Neff and the clinical expertise of Christopher Germer, MSC teaches core principles and practices that enable participants to respond to difficult moments in their lives with kindness, care and understanding.



Kathy Elkind

## Free Informational Session:

January 12, at 7:00 PM

**Time:** Thursdays 6:15-8:30PM

**Dates:** March 16, 23, 30, April 6, 13, 20, 27, May 4

Optional Retreat: April 15

**Location:** First Church Lancaster  
725 Main St, Lancaster, MA 01523  
Chapel/Office Entrance facing Main Street.

## Registration and

**Information:** [www.elkindnourishment.com/mindful-self-compassion/](http://www.elkindnourishment.com/mindful-self-compassion/) or [kathy@elkindnourishment.com](mailto:kathy@elkindnourishment.com)



Indoor Co-Ed Soccer skills and scrimmage is a 6-week program for 5<sup>th</sup> and 6<sup>th</sup> graders to stay active, work on soccer skills and have a fun scrimmage. First half of the clinic will be stations of different skills. The second half will be a fun scrimmage.

Local varsity high school players will be instructing and overseeing the scrimmage. Open to 5<sup>th</sup> and 6<sup>th</sup> graders from Lancaster, Clinton and Bolton.

**DATES: THURSDAYS, JANUARY 12<sup>TH</sup> THRU  
FEBRUARY 16<sup>TH</sup>, 2017**

**LOCATION: ATLANTIC UNION COLLEGE  
WG NELSON RECREATION CENTER  
INDOOR FIELD HOUSE  
300 GEORGE HILL ROAD, LANCASTER**

~Visit Lancaster Recreation Department website: [www.tinyurl.com/LancasterRecreation](http://www.tinyurl.com/LancasterRecreation)

~Click the link for **Youth Indoor Co-ed Soccer**, which will direct you to the online registration system.

~Participant Minimum: 15 (in order to run program). ~Participant Maximum: 28



Lancaster Recreation's website

[www.tinyurl.com/LancasterRecreation](http://www.tinyurl.com/LancasterRecreation)

Email Christa Duprey, Recreation Director

cduprey@Lancasterma.net

978.365.3326 X1108

# Lancaster Firefighter's Association



## Christmas Tree Pick-Up & Removal Program

- Let Us Remove Your Tree For You
- Call **978-368-4003** or e-mail **sgranger@lancasterfd.net** Between **Nov. 28<sup>th</sup>** and **Jan. 15<sup>th</sup>** to Schedule a Pick-Up
- All Pick-Ups Will Be Made After Jan. 1<sup>st</sup>
- Pick-Up and Removal is **FREE** but Donations are Greatly Appreciated!
- Proceeds Will Benefit the Lancaster Firefighter's Association

**HAPPY HOLIDAYS!!!**





## A Message from Bella, Lancaster's #1 Dog

Bella is taking a moment from belly rubs and enjoying her new status as Lancaster's #1 Dog for 2017 to ask all of the canine residents in Lancaster to remind their owners to renew their dog licenses.

She is very happy to report that licenses are now on sale at the Town Clerk's Office, or may be renewed online at:

[http://ci.lancaster.ma.us/Pages/LancasterMA\\_WebDocs/billpay](http://ci.lancaster.ma.us/Pages/LancasterMA_WebDocs/billpay)

Licenses are due by March 31st.

She also invites you throw the ball. Often.

(with thanks to the Engelhardt Family!)

Sunday, January 15, 2017 at 7 PM at First Church Unitarian, 725 Main St, Lancaster, MA. Denis Wagner will present *The Art & Science of Pruning*, an informative program that will outline pruning techniques, timing and tools.

Denis Wagner is the owner of Denis Wagner Fine Gardening in Harvard, MA and is a MA Certified Horticulturist and Landscape Professional.

Come for our social hour from 6-7PM to visit with friends and discuss your pruning ups and downs! Program begins at 7pm.

Free for members, \$5 for non-members. Not a member? Consider a family membership for only \$20 per year that will give you access to fantastic programs and discounts to some local garden centers.

For additional details, visit our website at [www.lancastergardenclub.net](http://www.lancastergardenclub.net). Or, contact Meghan Whitcomb at [857-222-1855](tel:857-222-1855).



## ***Seeking Fleece***

**Caroline Ketchum and Friends are seeking donations of fleece material (new or used from old clothing or blankets) that can be transformed into hats and mittens like those pictured below from last year's Hat Project.**

**Please drop off your donations at :**

**Thayer Memorial Library  
717 Main Street, Lancaster**



**The hats and mittens that are made will be distributed to folks who can use a little extra help staying warm this winter. Donations are much appreciated.**

For more information, contact Karen Silverthorn at [ksilverthorn@cwmares.org](mailto:ksilverthorn@cwmares.org) or phone 978-368-8928 ext. 4

# STERLING - LANCASTER COMMUNITY TV

Broadcast Schedule Dec. 31 to Jan 6, 2017

<b>Saturday</b>	<b>Genre</b>
12:00 AM Retro Movie Theater - The Second Woman	Entertainment
4:00 AM Retro Movie Theater - The Second Woman	Entertainment
6:30 AM Barbara and You	Interview
8:00 AM Village Church Service	Religion
10:00 AM AUC College Church Service	Religion
12:00 AM Soil Safari H2O Series	Documentaries
1:00 PM DW Conflict Zone - Somalia	Documentaries
2:00 PM Waterways - Invasive Exotics	Documentaries
2:30 PM All Aboard - Railroad Video Magazine	Hobby
3:00 PM Soil Safari H2O Series	Documentaries
4:00 PM The Adventures of Donkey Ollie - The Great	Children
5:00 PM Atlantic Wind Symphony Orchestra	Music
7:00 PM DW Conflict Zone - Somalia	Documentaries
8:00 AM Soil Safari H2O Series	Documentaries
9:00 PM Waterways - Invasive Exotics	Documentaries
9:30 PM All Aboard - Railroad Video Magazine	Hobby
10:00 PM Barbara and You	Interview
<b>Sunday</b>	
12:00 AM Retro Movie Theater - The Second Woman	Entertainment
4:00 AM Retro Movie Theater - The Second Woman	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 AM Soil Safari H2O Series	Documentaries
1:00 PM DW Conflict Zone - Somalia	Documentaries
2:00 PM Waterways - Invasive Exotics	Documentaries
2:30 PM All Aboard - Railroad Video Magazine	Hobby
3:00 PM Soil Safari H2O Series	Documentaries
4:00 PM The Adventures of Donkey Ollie - The Great	Children
5:00 PM Atlantic Wind Symphony Orchestra	Music
7:00 PM DW Conflict Zone - Somalia	Documentaries
8:00 AM Soil Safari H2O Series	Documentaries
9:00 PM Waterways - Invasive Exotics	Documentaries
9:30 PM All Aboard - Railroad Video Magazine	Hobby
10:00 PM Barbara and You	Interview
<b>Monday-Friday</b>	
12:00 AM Retro Movie Theater - The Most Dangerous Game	Entertainment
4:00 AM Retro Movie Theater - The Most Dangerous Game	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Cathy Neptune's Kitchen - Burger Pie	Cooking
10:00 AM Body Sculpt with Elizabeth	Health
11:00 AM All Aboard - Pennsylvania Railroad	Hobby
12:00 PM Wachusett Area Chamber of Commerce	Documentaries
1:00 PM DW Tomorrow Today - Risk Factor	Documentaries
2:00 PM Church Services	Religion
4:00 PM The Adventures of Donkey Ollie - Road	Children
5:00 PM Valley Homegrown - Goat Boy	Music
6:00 PM Soul School - Jesse Johnson	Music
7:00 PM DW Tomorrow Today - Risk Factor	Documentaries
8:00 PM Drugs Recovery Theater - War On Drugs	Documentaries
9:30 PM All Aboard - Pennsylvania Railroad	Hobby
10:00 PM Barbara and You	Interview
10:00 PM Barbara and You	Interview

Broadcast Schedule December 24-30, 2016

<b>Saturday</b>	<b>Genre</b>
12:00 AM Retro Movie Theater - The Most Dangerous	Entertainment
4:00 AM Retro Movie Theater - The Most Dangerous	Entertainment
6:30 AM Barbara and You	Interview
8:00 AM Village Church Service	Religion
10:00 AM AUC College Service	Religion
11:30 AM All Aboard - Pennsylvania Railroad	Hobby
12:00 PM Wachusett Area Chamber of Commerce	Documentaries
1:00 PM DW Tomorrow Today - Risk Factor	Documentaries
2:00 PM Wachusett Area Chamber of Commerce	Documentaries
3:00 PM All Aboard - Pennsylvania Railroad	Hobby
4:00 PM The Adventures of Donkey Ollie - Road	Children
5:00 PM Valley Homegrown - Goat Boy	Music
6:00 PM Soul School - Jesse Johnson	Music
7:00 PM DW Tomorrow Today - Risk Factor	Documentaries
8:00 PM Drugs Recovery Theater - War On Drugs	Education
9:30 PM All Aboard - Pennsylvania Railroad	Hobby
10:00 PM Barbara and You	Interview
<b>Sunday</b>	
12:00 AM Retro Movie Theater - The Most Dangerous	Entertainment
4:00 AM Retro Movie Theater - The Most Dangerous	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 PM Wachusett Area Chamber of Commerce	Documentaries
1:00 PM DW Tomorrow Today - Risk Factor	Documentaries
2:00 PM Wachusett Area Chamber of Commerce	Documentaries
3:00 PM All Aboard - Pennsylvania Railroad	Hobby
4:00 PM The Adventures of Donkey Ollie - Road	Children
5:00 PM Valley Homegrown - Goat Boy	Music
6:00 PM Soul School - Jesse Johnson	Music
7:00 PM DW Tomorrow Today - Risk Factor	Documentaries
8:00 PM Drugs Recovery Theater - War On Drugs	Education
9:30 PM All Aboard - Pennsylvania Railroad	Hobby
10:00 PM Barbara and You	Interview
<b>Monday-Friday</b>	
12:00 AM Retro Movie Theater - The Limping Man	Entertainment
4:00 AM Retro Movie Theater - The Limping Man	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Recipes for Better Living - Butternut Squash	Cooking
10:00 AM Physician's Focus - Superbugs	Health
11:00 AM Big Animal Power in the Woods	Local
11:30 PM All Aboard - Norfolk Southern	Hobby
12:00 PM Waterways - Prey Base Fish Studies	Documentaries
1:00 PM DW Conflict Zone - Ramallah	Documentaries
2:00 PM Church Service	Religion
4:00 PM The Adventures of Donkey Ollie - Camp	Children
5:00 PM Valley Homegrown - Impulse Ensemble	Music
6:00 PM Soul School - Motown	Music
7:00 PM DW Conflict Zone - Ramallah	Documentaries
8:00 PM Big Animal Power in the Woods	Local
8:30 PM All Aboard - Norfolk Southern	Hobby
9:00 PM Waterways - Prey Base Fish Studies	Documentaries
10:00 PM Barbara and You	Interview
9:00 PM Waterways - Invasive Exotics	Documentaries
9:30 PM All Aboard - Railroad Video Magazine	Hobby
10:00 PM Barbara and You	Interview

Please note this schedule is subject to change.

Refer to [www.slctv.us](http://www.slctv.us) for any updates.