

Lancaster Events this Month

Town of Lancaster

January 15, 2016

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Events at Thayer Memorial Library

Make simple, natural feeders for local wildlife, using a variety of different materials and fresh foods.

These will provide food for the birds during these short, dark days of winter.

Fruit wreaths and sunflower seed stars.

These can be repeated easily at home so students may continue the lessons.

Appropriate for ages 4 and up; limited to 25 children; pre-registration is required. For more information, contact the library at 978-368-8928 ext 2 or sconroy@cwmares.org



Town Offices Closed

Monday, January 18th

KEY



Helpful Information



Save the Date!



News!



Neighboring Towns

Paid for by a grant from the George Progin Estate



Interested in learning other ways to welcome our feathered friends during the winter? For more tips, go to:

<https://www.audubon.org/news/how-welcome-winter-birds>

Remember, you can unsubscribe at any time by emailing "unsubscribe" to "townclerk@lancasterma.net"



Recreation Winter Walk Series

On January 23rd, please join Recreation Chair, Johnna Doyle, at the **Cook Conservation Area**

for a SnowShoeing Adventure by the light

of the Full Moon **7:00 PM—8:00 PM**

Event takes place with or without snow!

This is a wonderful opportunity for those who have always wanted to try it out, but don't own snowshoes!

Call 978-733-4076 for more information or to reserve your spot and/or snowshoes.

We have both adult and kid-sized shoes!



Directions: On Rte 70 in Lancaster two miles North of Rte 117 on the Left or two miles South of Rte 2 on the Right (parking on the west side of Rte 70 in small parking area with sign noting "Cook Conservation Area").

We also welcome you to join us for future events during the Recreation Winter Walk Series:

January 30th at 1pm tour Thayer Memorial Park behind the Community Center. Thayer Campus Committee will share the Park Renovation Master Plan. Email clarkbars5@comcast.net

Feb. 16th School Vacation Family walk following Tues. Pancake Breakfast at 10 am, 11 am, and 1 pm behind the Lancaster Community Center.

GRACE TONIGHT

Sundays at 5:00 PM Evangelical Congregational Church—793 Main Street, Lancaster

"Did you miss church on Sunday morning? Grace Tonight is open for you!" Grace Tonight is for busy people, who, because of employment, family responsibilities, or kids' sports schedules, miss the opportunity to worship on Sunday morning. Meetings will feature contemporary music, discussion, refreshments, and meaningful messages and song. Come as you are! All are welcome.

Submitting to Literary Magazines With Diane Mulligan

Saturday, January 16, 2016, 10:30 a.m. – 12:30 p.m.

Thayer Memorial Library, Dexter Thayer Room, Lancaster, MA



Do you find the task of submitting to literary magazines intimidating or overwhelming? In this workshop we'll develop basic tools for identifying journals that are right for your genre and writing style, as well as best practices for contacting editors and tracking your submissions.

Diane Vanaskie Mulligan began writing her first novel, *Watch Me Disappear*, during an after-school writing club she moderates for high school students. The book was published in 2012 and was a finalist in the Kindle Book Review's, Best Indie Book Awards, in the Young Adult category the next year. Her second novel, *The Latecomers Fan Club*, was released in 2013 and was named a 2014 IndieReader Discovery Award winner. In 2015, Diane published *The Sane Person's Guide to Self-Publishing*, a brief guide book to self-publishing, in order to help other aspiring writers get their work out into the world. Diane holds a BA in American Studies from Mount Holyoke College and a Master's Degree in teaching from Simmons college. When she isn't teaching or writing, she is the managing editor at *The Worcester Review* and the director of The Betty Curtis Worcester County Young Writers' Conference. You can find her occasionally strumming her guitar and singing at various bars in central Massachusetts, where she lives with her husband.

For questions about this program or about SBWC, contact us at: 7bridgewriterscollaborative.com, or visit us at sevenbridgewriters@blogspot.com for the latest information

January Worship at First Church of Christ Unitarian (10am)

January 17: Celebrating the life and legacy of the Rev. Doc. Martin Luther King, Jr.

January 24: "The Heart of Compassion." An exploration of the core spiritual value common to all the world's spiritual traditions.

January 31: "The Circle of Compassion." How is our understanding of compassion challenged by the realities and demands of day to day life?

First Church will be offering the Mindfulness Based Stress Reduction Program (MBSR) developed by Jon Kabat-Zinn and taught at the Center for Mindfulness at University of Mass. Medical School. MBSR is an experiential learning program that engages mind and body in mindfulness, the moment-by-moment, non-judgmental awareness of experience. Classes will be taught by Eowyn Ahlstrom, yoga instructor, meditation teacher and faculty member at the U. Mass Mindfulness Center. Sessions will run on eight successive Thursday evenings from 6-8:30pm and will also include one full-day Saturday session. The cost of the program is based on a sliding scale; no one will be turned away because of inability to pay. An information session/orientation will take place Thursday, January 21 at 6pm in the Church Parlor. For more information visit the First Church website or contact Rev. Bob Johansen.





Lancaster Garden Club Event



Come join the Lancaster Garden Club for our first 2016 event, Water Features in the Garden!

Our 7 p.m. meeting will be held at the First Church of Christ, Unitarian, 725 Main Street, Lancaster.

On Sunday, January 17, Mark Packard will be speaking about beautiful, low maintenance "Water Features in the Garden". Mark is the owner of Sterling Greenery, a garden center, pond store, and stone yard offering knowledge and landscape supplies to both home owners and landscape contractors.

Free for members; non-members \$5 at the door. You can join at the meeting and your \$5 will be applied toward your dues. We have a wonderful slate of events planning for this year.



Valentines for Veterans: January 10 through January 31 at Thayer Memorial Library, 717 Main Street

We are gathering Valentines at the library to send to our troops serving overseas.
Please bring your unaddressed Valentines (as many as you'd like) into TML.

On the inside of the card, you can write something like

"Dear Serviceperson -- Happy Valentine's Day! Thank You for Your Service!"

Please note: do not address the envelope. We will do that for you based on a list of active duty personnel we're putting together. Patrons also may give us the name and APO addresses of any service people they know and would like to honor.
THANK YOU!

Coordinated by Susan Conroy. Reach her at 978-368-8928, x. 5 or sconroy@cwmares.org if you have questions.

Absentee Ballots are Now Available in the Clerk's Office!



The Presidential Primary will take place on Tuesday, March 1st. If you will be away during the election, you may request an absentee ballot to be sent to you. In order to be eligible to vote by absentee ballot, a voter must be prevented from voting due to:

Absence from the Voter's Town on Election Day; or Physical Disability; or Religious Belief.

If you would like to receive an application for the ballot, please email the Town Clerk's Office at

townclerk@lanasterma.net or call 978-365-3326 ext 1013.