



TOWN OF LANCASTER EVENTS

December 13, 2018

Volume 70 Issue 2

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Turn Markers Into Energy!



Dear Lancaster Residents,

My name is Bella MacNeil, I am a senior and a member of the National Honors Society at Nashoba Regional High School. I'm excited to tell you about a very special program I'm coordinating at Mary Rowlandson Elementary & Luther Burbank Middle School in conjunction with Crayola. It's called Crayola ColorCycle – an amazing new program devised to turn used markers into energy!

All around Mary Rowlandson Elementary & Luther Burbank Middle School students and teachers will be collecting used markers that are ready to be discarded. The markers will be sent to a facility where they will be converted into clean fuel. This fuel can be used to power vehicles, heat homes, cook meals and more!

Please help support our efforts by sending your kids in with any used markers you may have around the house – even non-Crayola brands. Drop-off boxes will be located around the school for your child to deposit the markers.

Thank you in advance for participating! With the help of parents like you across the country, the Crayola ColorCycle program can keep tons of plastic out of landfills each year.

Remember, don't throw out that used marker—*ColorCycle it!*

Sincerely,

Bella MacNeil
Lancaster Resident
Class of 2019
Nashoba Regional High School
National Honor Society

Night Sky



Museum of Science



THURSDAY, DECEMBER 27, 2018

Lancaster Community Center
695 Main St. Lancaster MA

FREE

2 Sessions:

10:00 am & 10:45 am

Space is limited

Registration form must be received by
December 19th.

Recommended for grades 1-12.

Children under 8 must be
accompanied by an adult

Discover which stars, planets, and
other astronomical wonders are visible
this evening. Using our portable
planetarium, we will take you on a
tour of the solar system and beyond,
and provide useful tips on how you
can navigate the night sky from your
own back yard.

REGISTRATION FORM—NIGHT SKY Museum of Science

Registration date _____

Number of participants _____

Parents Name _____

Phone Number _____

Circle one—Session 1 or 2

Contact the Lancaster Community Center for more information 978-733-4076

This program is provided by a grant from the Lancaster Cultural Council

Christmas Eve at First Church of Christ Unitarian Lancaster



At 4pm

A Service of Lessons and Carols for all Ages

Featuring the music of the

Youth Ensemble of New England

Under the direction of Dr. Connie Rittenhouse Drexler



At 11pm

**A Community-Wide Service of
Lessons and Carols**

with the First Church Choir and Music Director Kallin Johnson
and special Musical Guests

Angel Hernandez, violin, and Caroline Reiner Williams, cello

*At both services a special collection will be taken to support the work of WHEAT Community Services
Serving our neighbors in need in Berlin, Bolton, Clinton and Sterling*



The Rosemary Davis Nature Series 2018-19 Program Schedule

Wednesday, Aug. 15 @ 6:00 p.m.

Learning Anti-bullying Lessons from Our Animal Friends

Presented by: Animal Adventures

LIVE ANIMALS—including a KANGAROO, will help teach children & teens that bullying is not acceptable and how you can present yourself to keep others from bullying you.

Recommended for Children & Teens.

Tuesday, Sept. 11 @ 6:30 p.m.

Wild Heroes

Presented by: Animal World Experience

LIVE ANIMALS—Many famous superheroes have animal powers and every animal has the power to be a superhero. Learn what special abilities these animals have so that you too can be a superhero in your own way.

Recommended for Children & Families.

Tuesday, Oct. 16 @ 6:30 p.m.

Discover the Birds of Costa Rica

Presented by: Photographer Peter Christoph

This photo journey will help us develop a deeper appreciation for the birds, animals, and plants that inhabit this fragile tropical paradise where the rainforest meets the sea.

Recommended for Young Adults & Adults.

Tuesday, Nov. 6 @ 6:30 p.m.

Puffins and Auks and Muirs ... Oh, My ...

Presented by: Photographer John Rockwood,
The Loon Man

This photo journey will include seals, eagles, ospreys, moose, fox, and swans too.

Recommended for Young Adults & Adults.

Tuesday, Mar. 19 @ 6:30 p.m.

Discover the Owls of New England

Presented by: Photographer Peter Christoph

This photo journey will take us exploring all over New England while tracking these magnificent birds that rule the night.

Recommended for Young Adults & Adults.

Monday, Apr. 8 @ 6:30 p.m.

The World of Owls

Presented by: Wingmasters

LIVE OWLS—A wealth of fact and folklore about these masters of the dark explains the natural and unnatural history of owls.

Recommended for Ages 5—Adults.

Tuesday, Apr. 23 @ 6:30 p.m.

Wiggles & Waggles!

Presented by: Photographer John Rockwood,
The Loon Man

Follow these comical twin loons from the day they were born until they migrate to the ocean 6 months later. See videos of adult loons and chicks swimming under water.

Recommended for Young Adults & Adults.

Monday, Apr. 29 @ 6:30 p.m.

Ani-Motion!

Presented by: Animal World Experience

LIVE ANIMALS—Walk on the wild side and learn how animals stay fit & healthy.

Recommended for Children & Families.

Tuesday, June 4 @ 6:00 p.m.

Edible Landscaping: The Latest Garden Design

Presented by: Chef Liz Barbour

Learn how to utilize your limited garden space so that it can be productive and beautiful at the same time. Slide show, cooking demonstration, and tasting.

Recommended for Adults.

LIMITED SEATING—REGISTRATION REQUIRED.

Tuesday, June 18 @ 6:30 p.m.

In the Groves: World Stories and Songs that Celebrate Trees

Presented by: Master Storyteller Diane

Edgecomb & Celtic Harper Margot Chamberlain

Learn how various cultures have imagined the living world of plants and trees. Travel around the world and celebrate this garden of delights. Stories include music and songs from many lands.

Recommended for Ages 8—Adult.

2019 DOG LICENSE APPLICATION

Town of Lancaster

Office of the Town Clerk

701 Main St, Suite 2, Lancaster, MA 01523

Phone: 978-365-3326 ext 1013 / Fax: 978-368-4011

*Dog licenses cover the period January 1 – December 31 and **MUST** be renewed each year by March 31st or a late fee of \$50 will be imposed, per dog.*

In order to license your dog(s), please send information to the address above.

Completed Dog License Application / Renewal form. Please consider adding your emergency phone contact.
A copy of current rabies vaccination certificate. Please note that the Town Clerk's Office does not retain certificates on file – they will be returned with your license. (\$100 fine for unvaccinated animals per MGL 140, §145B)

The Town of Lancaster accepted the provisions of MGL 140, §139 at the October 16, 2006 Special Town Meeting.

Residents who are over 70 years of age are exempt from dog license fees.

Please note, however, they must license them before March 31st or the late fees will be imposed.

- | | | |
|--|--|---|
| <input type="checkbox"/> Spayed Female \$10.00 | <input type="checkbox"/> Neutered Male \$10.00 | <input type="checkbox"/> Transfer License \$2.00 |
| <input type="checkbox"/> Intact Female \$20.00 | <input type="checkbox"/> Intact Male \$20.00 | <input type="checkbox"/> Exempt Owner Over 70
(Check if Applicable <input checked="" type="checkbox"/>) |

OWNER'S NAME		DATE
STREET		PHONE
EMAIL ADDRESS		EMERGENCY PHONE CONTACT
DOG NAME		DATE OF BIRTH (APPROX)
BREED		COLOR
RABIES TAG #	EXP. DATE	VETERINARIAN'S NAME

You may license your dog online at www.ci.lancaster.ma.us and fax the rabies vaccination certificate to: 978-368-4011, or stop by the Town Clerk's Office and license in person.

Office Hours: Monday 9 AM to 5 PM; Tuesday through Thursday 9 AM to 4 PM

Lancaster adopted a "pooper scooper" bylaw in 2005 — **PLEASE CLEAN UP AFTER YOUR PET(S)!!!**

Council on Aging @ the Lancaster Community Center Behind the Town Green
Contact for questions 978-733-4076



SHINE (Serving the Health Insurance Needs of Everyone) provides *FREE* unbiased health insurance counseling information and assistance to Massachusetts residents with Medicare, their caregivers and those approaching Medicare eligibility.

SHINE COUNSELORS ARE AVAILABLE TO HELP YOU REVIEW YOUR OPTIONS.

January 9th and 30th 10 am –1pm

By Appointment Only Call - 978-733-4076

FREE—Wellness Clinics
8-10 a.m. 1st and 4th Tuesdays

1st Tuesday Nashoba Board of Health “Town Nurses”
4th Tuesday: VNA Care

Services include health assessments (blood pressure, blood sugar, and weight monitoring; cardiopulmonary assessments, etc.), teaching (medication, diet, disease management, preventive health, etc.), and referrals to community resources.



Nashoba Nursing Service & Hospice
Nashoba Associated Boards of Health
Your COMMUNITY, Your CHOICE Since 1931



VNA Care

Veterans Services Department

Richard Voutour 1st SGT USMC RET—Veteran Services Officer

Contact: rvoutour@leominster-ma.gov

Lancaster Office: 978-706-1754 (Tues 0800-1200)

Lancaster Community Center, 695 Main St, Lancaster, MA 01523
(behind the Library and War Memorials)

Leominster Office:

Leominster Veterans Center: 100 West Street, Leominster, MA 01453.
978-534-7538

Lancaster Veteran Services provides the following: VA Healthcare applications, VA Disability Claim applications, VA Widow Pension applications, VA Widow/Survivor Benefit applications, VA Burial Benefits applications, VA Veteran Cemetery applications, VA Grave Markers/Symbols, State Veterans Benefits applications, Obtain Military discharge/cords, Obtain Military medals/decorations

Lancaster Senior Outreach

**Need help and not
sure where to turn?**

- Transportation
- Housing
- Food Stamps (SNAP)
- Fuel Assistance
- Health Insurance
- Budget and Taxes
- Fitness
- Caregiving Issues
- Friendly Visits

Contact Marilyn Largey
Community Service Liaison
mlargey@lancasterma.net
978-733-1249 ext 1109

Council on Aging @ the Lancaster Community Center *Behind the Town Green*
Contact for questions 978-733-4076

Chair Yoga with Julianna

Get fit while you sit or stand.

Tuesday 10:30 am

\$5 each or 6 for \$25

Gentle Hatha Yoga with Louise

Improve your balance and keep
your range of motion

Mon & Sat 9:30 am \$5

Thurs 11 am \$10 per session

Tai Chi with Jeff

Series of movements performed in a
slow focused manner with deep
breathing

Monday at 9:30 am, Tuesday 6 pm.

\$5 each or 6 for \$25

INSANITY LIVE with Pam Weir

A fun cardio based total

body conditioning workout.

Mon 7pm

\$10 per class

**BALLROOM DANCING
with Jim Cole**

**STARTS BACK UP LEARN FROM THE
BEST!**

\$13 per class or 3 for \$30

**Lancaster Keep Moving
Walking Club**

Striders and strollers welcome.

Tues & Thurs 9 am

FREE

PICKLEBALL

Reserved Play –limited to 7 (1 Host plus 6 Players).

Use SignUpGenius to reserve your place.

Monday 9-11am, Wed 9-11am, Wed 1-3pm, Thurs, 1-3pm, Friday 9-11am

Open Play – no limit for the number of players, no sign up necessary.

Mondays from 1-3, Wednesday from 6-9:00 pm,

Thursday 7:15-9:15pm, Saturday 7-11 am

All sessions are \$3.00 per person, payable at the time of play. Players are asked to sign in using their Lancaster Community Center card and bring clean, dry sneakers.

Beginners are encouraged to come to the Monday open session. Shawn Parker will be there to coach and instruct beginners.

Advanced players are encouraged to sign up for the Wednesday afternoon sessions with Dennis Prinos.

Council on Aging @ the Lancaster Community Center *Behind the Town Green*
Contact for questions 978-733-4076

Mahjong lessons

FREE! Wednesdays 10:45 a.m.

Keep your brain 'fresh and supple', play Mahjong!

A great game played with 144 tiles, dealt in 'hands', some liken it to rummy. We have some fun people willing to help teach. Small group lessons, start from the beginning or get a group of seasoned players. or one on one.



Scrabble Group –Free! Join in.
Tuesdays at 2-4 Lower Level
Snacks, fun, friends.
Just come on down.



BRIDGE FRIDAYS 1-4

Area residents are invited to join us for friendly bridge Friday afternoons.
Don't play? Come watch and learn. There are lots of patient teachers here.
Come to the Center for friendly bridge games with nice people and nice snacks,
All free! Suitable for all levels, novice to pro. We provide the cards, teachers, and friends.

Fridays 1:00-4:00 Free! calling ahead is strongly suggested
Questions Call Jean at 978-273-2418



Every Tuesday at 1pm-3pm
Everyone is welcome! Treats and fun!
25 cents per every three cards
Bring your quarters, odds are better than the lottery!
We provide free coffee, treats and prizes!
Come early for lunch at 11:30



Nashoba Regional High School Band and Choral Concert

Please join us on Friday December 21st at 11:00 am for performances by the
Nashoba Band and Choir

Coffee and Holiday Sweets to Follow

Nashoba Regional High School Auditorium

Sterling-Lancaster Community TV
Broadcast Schedule December 15 - December 21, 2018
Comcast Channel 8

Saturday	Genre
12:00 AM Scrooge (1935)	Entertainment
4:00 AM Scrooge (1935)	Entertainment
6:30 AM Barbara and You	Interview
8:00 AM Village Church Service	Religion
10:00 AM College Church Service	Religion
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Euromaxx - Germany's Christmas Lights	Documentaries
2:00 PM Thyme in the Kitchen - Holiday Buffet Table	Cooking
3:00 PM Wicked Good Food - Holiday Gifts	Cooking
4:00 PM Childrens Corner - Happy Holidays Part 1	Children
4:30 PM Childrens Corner - Happy Holidays Part 2	Children
5:00 PM Chapman Holiday Wassail	Music
6:00 PM YENE Christmas Concert 2016	Music
7:00 PM Euromaxx - Germany's Christmas Lights	Documentaries
8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals
9:00 PM Wicked Good Food - Holiday Gifts	Cooking
10:00 PM Barbara and You	Interview

Sunday	Genre
12:00 AM Scrooge (1935)	Entertainment
4:00 AM Scrooge (1935)	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Euromaxx - Germany's Christmas Lights	Documentaries
2:00 PM Thyme in the Kitchen - Holiday Buffet Table	Cooking
3:00 PM Wicked Good Food - Holiday Gifts	Cooking
4:00 PM Childrens Corner - Happy Holidays Part 1	Children
4:30 PM Childrens Corner - Happy Holidays Part 2	Children
5:00 PM Chapman Holiday Wassail	Music
6:00 PM YENE Christmas Concert 2016	Music
7:00 PM Euromaxx - Germany's Christmas Lights	Documentaries

8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals
9:00 PM Wicked Good Food - Holiday Gifts	Cooking
10:00 PM Barbara and You	Interview

Monday - Friday	Genre
12:00 AM Santa Clause Conquers the Martians	Entertainment
4:00 AM Santa Clause Conquers the Martians	Entertainment
7:30 AM Journeys	Interview
9:00 AM Cathy Neptune's Kitchen - Christmas Breakfast	Cooking
10:00 AM Tai Chi 7 - Sleeping Dragon Awakens	Health
11:00 AM Tina Cooks - Three Fishes	Cooking
11:30 AM A Christmas Carol - Nashoba Drama	Local
1:00 PM Euromaxx - Nativity Play	Documentaries
2:00 PM Church Services	Religion
4:00 PM Childrens Corner - Christmas Party	Children
4:30 PM The Local Kids - The Christmas Episode	Children
5:00 PM Northern Light Orchestra Christmas	Music
6:00 PM YENE Christmas Concert 2016	Music
7:00 PM Euromaxx - Nativity Play	Documentaries
7:30 PM A Christmas Carol - Nashoba Drama	Local
9:00 PM Tina Cooks - Three Fishes	Cooking
10:00 PM Journeys	Interview

Please note this schedule is subject to change.
Refer to www.slcvtv.us for any updates.

Sterling-Lancaster Community TV
Broadcast Schedule December 22 - December 28 2018
Comcast Channel 8

Saturday	Genre
12:00 AM Santa Clause Conquers the Martians	Entertainment
4:00 AM Santa Clause Conquers the Martians	Entertainment
6:30 AM Journeys	Interview
8:00 AM Village Church Service	Religion
10:00 AM College Church Service	Religion
12:00 PM A Christmas Carol - Nashoba Drama	Local
1:30 PM Euromaxx - Nativity Play	Documentaries
2:00 PM Cathy Neptune's Kitchen - Christmas Breakfast	Cooking
3:00 PM Tina Cooks - Three Fishes	Cooking
4:00 PM Childrens Corner - Christmas Party	Children
4:30 PM The Local Kids - The Christmas Episode	Children
5:00 PM Northern Light Orchestra Christmas	Music
6:00 PM YENE Christmas Concert 2016	Music
7:00 PM Euromaxx - Nativity Play	Documentaries
7:30 PM A Christmas Carol - Nashoba Drama	Local
9:00 PM Tina Cooks - Three Fishes	Cooking
10:00 PM Journeys	Interview

Sunday	Genre
12:00 AM Santa Clause Conquers the Martians	Entertainment
4:00 AM Santa Clause Conquers the Martians	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 PM A Christmas Carol - Nashoba Drama	Local
1:30 PM Euromaxx - Nativity Play	Documentaries
2:00 PM Cathy Neptune's Kitchen - Christmas Breakfast	Cooking
3:00 PM Tina Cooks - Three Fishes	Cooking
4:00 PM Childrens Corner - Christmas Party	Children
4:30 PM The Local Kids - The Christmas Episode	Children
5:00 PM Northern Light Orchestra Christmas	Music
6:00 PM YENE Christmas Concert 2016	Music
7:00 PM Euromaxx - Nativity Play	Documentaries
7:30 PM A Christmas Carol - Nashoba Drama	Local
9:00 PM Tina Cooks - Three Fishes	Cooking
10:00 PM Journeys	Interview

December 24 - December 26
SLCT Christmas Programming All Day

Thursday - Friday	Genre
12:00 AM Charlie Chaplin Film Fest	Entertainment
4:00 AM Charlie Chaplin Film Fest	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Eat Well Be Happy - Vegan Dishes	Cooking
10:00 AM Yoga for Beginners	Health
11:00 AM Out and About - Aquarium of the Pacific P1	Hobby
11:30 AM Out and About - Aquarium of the Pacific P2	Hobby
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM In Good Shape - Jumping Fitness	Documentaries
2:00 PM Church Services	Religion
4:00 PM Childrens Corner - Broccoli Basics	Children
5:00 PM Baby Blue Arts - 1st Sousa Memorial Band	Music
6:00 PM Capital Jazzfest - Dawn Weber	Music
7:00 PM In Good Shape - Jumping Fitness	Documentaries
8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals
9:00 PM Out and About - Aquarium of the Pacific P1	Hobby
9:30 PM Out and About - Aquarium of the Pacific P2	Hobby
10:00 PM Barbara and You	Interview

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Refer to www.slcvtv.us for any updates.