



TOWN OF LANCASTER EVENTS

September 3, 2019

Volume 76 Issue 1

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EEE Positive Mosquitos found in Shirley, Bolton and Harvard

A EEE Positive mosquito was found on the west side of Harvard during testing this past Saturday. Additionally, mosquitos have been identified in both Shirley and Bolton.

As we await test results for Lancaster, we are asking Residents to avoid outdoor activity near dusk and dawn, use an effective mosquito repellent, wear protective clothing and/or employ the services of mosquito control agents.

If you have been outside and have symptoms consistent with the flu, contact your doctor and mention that EEE has been reported in the local area.

If you've had a recent animal death or sickness related to EEE, Please contact the Board of Health.

Lancaster Board of Health

978-365-3326 ext. 1310

LANCASTER GARDEN CLUB PRESENTS

PETS AND PLANTS



SUNDAY, SEPTEMBER 15TH, 7PM

LANCASTER COMMUNITY CENTER, 695 Main St Suite 7

(Behind the Library and War Memorials), LANCASTER, MA.

Free for members \$5 for non-members

SPEAKER- April Daley is a Massachusetts Master Gardener and former veterinary nurse. Her credits include 10 years in Emergency and Critical Care and Wildlife Rehabilitator.

VISIT OUR WEBSITE <https://lancastergardenclub.wildapricot.org>

FOR MORE DETAILS,

THIS LECTURE IS RESCHEDULED FROM LAST JANUARY.

Touchable Tales Story Hour

Presented by EcoTarium

Wednesday
September 18
1:00 p.m.

Thayer Memorial
Library

Registration is Required
Phone Maren
978-368-8928 ext. 5

Recommended for ages
Pre-K through 1st grade



Funding for this series is provided by a grant from the Rosemary Davis Memorial Fund of the Greater Worcester Community





**Lancaster
Garden Club**
Come grow with us!

Bulb Fundraiser

*Plant this fall for a
beautiful garden in spring!*

See our catalog at: lancastergardenclub.net

Order soon before your favorites sell out.

Visit us at Lancaster's Horseshed Fair on Sat., Oct. 5.



44th Annual
Horseshed
CRAFTS FAIR



OCTOBER 5, 2019

FIRST CHURCH OF CHRIST
**ON THE CHURCH GREEN
LANCASTER**

10:00 AM - 4:00 PM

For further information call (978) 368-0731



**Lancaster Recreation Presents:
An Evening of Acoustic Guitar!**

Thurs. 9/26 @ Town Hall Auditorium

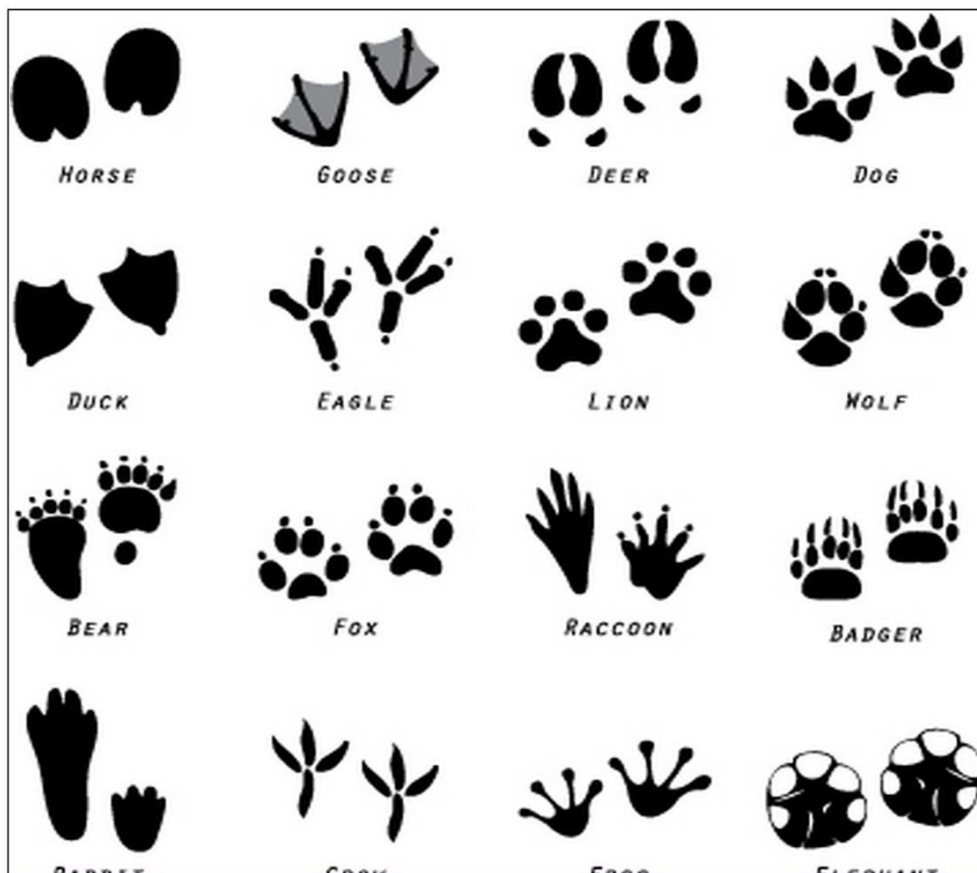
6-7pm - FREE Lessons for Kids (Ages 6-12)

7-8pm - Hootenanny Jam (All Ages - no reservation needed)

**Children must be
accompanied by
an adult.**

Please email: LancasterRec@yahoo.com for details and to reserve your spot. (Space is Limited)

Youth guitars are available to those without one.



Learn How to Track Animals

Learn the specific traits of some unique animals.

Animal Adventures Presents:

North American Trackers

Wednesday, Oct. 2

6:30 p.m.

Live Animal Program!

Lancaster's Thayer Memorial Library

FREE to the Public

Funded by the Rosemary
Davis Memorial Fund grant
by the GWCF



Introduction to Birding Walk

Date: September 29, 2019

Time: 9:00am to 11:00am

Location: Cook Conservation Area (off Route 70)

Audience: All ages welcome

Fee: FREE

Please join **Lancaster Recreation** in partnership with the **AMC** for a wonderful walk at Cook Conservation Area as we look for our feathered friends. This walk is open to anyone interested in enjoying a short walk through this beautiful natural area but will be geared toward individuals that are interested in learning about how to identify bird species. Participants are encouraged to bring binoculars but some pairs will be available to borrow.

Please dress for the weather and pre-register by emailing

Andrea Kiuru-Shepard at AShepard@lancasterma.net.



Recycling Center News

Due to increasing costs of handling recyclable materials, the Lancaster Recycling Center will begin charging \$3.00 per vehicle to people bringing recyclables and/or yard waste to the Center. This program will start Saturday, October 5, 2019. Booklets of 5 coupons (\$15.00) will be available for purchase at the Recycling Center during open hours and at the Town Clerk's Office in the Prescott Building on the Lancaster Town Green.

Fees for electronics, appliances, outdoor equipment, etc. will remain the same and continue to be collected.

Years ago, recycling centers across the country received income for cardboard, paper, plastic glass and metals. More recently vendors have been charging a basic hauling fee plus an additional fee per ton of the recyclable product. These new fees increase frequently.

The Recycling Center as it existed is no longer financially self sustaining. With-out this additional financial support, the Center will have to close. Because the Lancaster Recycling Center uses all volunteer labor, it operates at the lowest cost possible for any recycling center.



The Lancaster Community Center

Invites you to an all ages

Go For Life

Family Fun Walk *

& Free Party !

Free Hot Dog BBQ (For Walkers)

Rota Spring Ice Cream Sundaes

October 5th

Also Visit

The Library Book Sale, The Garden Club Bulb Sale, and Horseshed Fair

◆ 11:00 Walk

◆ BBQ Following (12 ish)

Awards and Sundaes to Follow

Go4Life®

Short Course: For 'Strollers" Longer Course for Striders.

First 25 registered get a special prize!

Family Friendly Leashed Dogs are encouraged.



Free Hot Dog BBQ, Turkey, Veggies and 'Real' Dogs

And the best reward of all -

When you finish... if you are good :)

Rota Ice Cream Sundae Fest for Walkers!

Thanks to MCOA and Go for Life for your grant!



Lancaster

Health & Wellness Fair

FREE

October 2nd

2:30 – 6:00 p.m.



Lancaster Community Center



bank **Hometown**

Celebrate Fall Free from Falls!
***Free Fall Equinox Brunch
& Fall Prevention Workshop****
September 23rd at 9 a.m. –11:30
RSVP preferred by Sept 20. 978-733-4076



*Falls are the leading cause of fatal and non-fatal injuries for older Americans. Falls threaten seniors' safety and independence and generate enormous economic and personal costs. However, falling is not an inevitable result of aging. can be reduced.

- ◆ 9 a.m. Greeting: Falls 101 Introduction
- ◆ 9:30 Free Tai Chi & QuiGong demo~ Yoga etc. Balance classes
- ◆ 10:30 Falls Panel Discussion and Experts on how to prevent falls.

*Following the workshop, attendees are invited to free brunch, thanks to
MCOA & Go For Life*



October is **ACCESSIBILITY** Awareness Month *in Lancaster*

Join In!

Thayer Memorial Library

- Showing an impressive, informative 24-Panel Disability History Exhibit - the first of its kind in the U.S.!
Flowing from the library entrance and continuing to the Reference Room, take some time to increase your awareness and education on the history of disability.
- The library will also be displaying a unique selection of books on the topic of disabilities/ accessibility and more, throughout the month.



Also in October:

- The Lancaster Commission on Disability will be exhibiting at the Lancaster Health Fair on Wednesday, October 2nd from 2:30 – 6:00 p.m. at the Lancaster Community Center. A great opportunity to learn about important resources available for disabled people and the good work the commission does.
- Lancaster Schools, and places of worship will also be participating via the topic of disability/ accessibility in the classroom, and in churches through prayer.



The College Church (337 Main Street Lancaster) will be holding an Accessibility Awareness Sabbath on October 19 at 11:15 a.m. about raising awareness on accessibility issues. All are welcome to attend.



Lancaster Cultural Council is currently accepting online grant proposals from organizations, schools and individuals to support arts, humanities and sciences including artistic projects, cultural events and activities in Lancaster and surrounding communities. To submit a grant proposal, visit www.mass-culture.org. Application deadline is Tuesday, October 15, 2019.

Visit the Lancaster Cultural Council website www.ci.lancaster.ma.us/cultural-council for more information and to view the 2018 Community Survey report.



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Visit the Lancaster Cultural Council website www.ci.lancaster.ma.us/cultural-council for more information and to view the 2018 Community Survey report.



**Resources For Writers: Getting The Most From Your Library,
with Joe Mulé**



**Saturday, September 21, 2019
10:30 a.m. – 12:30 p.m.**

Thayer Memorial Library, 717 Main Street, Lancaster, Massachusetts

**"The only thing that you absolutely have to know, is the location of the library."
— Albert Einstein**

Research is a must for fiction and non-fiction writers alike, and though most people know the basic functions of a library, few know all that is available or the best way to make use of digital, historical, and special collections. Join SBWC and Thayer Memorial Library Director, Joe Mulé, for a discussion on how to make the most of your local library's extensive print materials, technologies, and on-line resources, essential supports for your creative work. Director Joe Mulé will provide a broad overview of the bibliographic tradition of libraries in America and the challenges of retrieving knowledge in the 21st century.

Joe Mulé has served the residents of Lancaster in his role as Director of the Thayer Memorial Library for almost two decades. As media and methods to access it continue to evolve, Joe strives to integrate the Library's resources and provide patrons access to print and digital content and technologies. In recognition of his dedication to the community in Lancaster, Joe received the Citizen of the Year award from the Perkins School. Joe lives in Lunenburg with his wife and two children.





**Revitalize Your Brain,
with Paula Castner**



**Thurs, 6 to 8 p.m.,
October 3, 10, 17, 24, 2019
Thayer Memorial Library, 717 Main Street, Lancaster, Massachusetts**

Studies reveal that writing, dancing, art, and listening to music improve brain function. Writing encourages the two hemispheres of the brain to work together, enhancing memory, productivity and stress relief. Dancing increases the brain's ability to manage balance, encourages neuroplasticity, and strengthens muscle memory. Art raises serotonin levels which affects mood, and the "wow" factor of appreciating art trains the brain to be more hopeful. Music boosts the brain's ability to learn and to lower and manage anxiety.

Come, join us for a four-week workshop to revitalize your brain. Participants will draw, dance, listen and sing to music, and journal. Open to all ages. Please wear comfortable clothing.

Paula Castner is the Chief Operating Officer for Seven Bridge Writers Collaborative as well as a freelance writer, playwright, drama director, writing workshop facilitator, baking coach, and professional administrator. Though she received her certification for writing children's literature, she writes in multiple genres. Her pieces have been published in a variety of venues, from parenting magazines, to newspapers, to online magazines, and have claimed first prize in several writing contests. Her play, *A Fairy Tale Life? A Musical*, with music by Canadian folk artist, Nancy Beaudette, was performed recently in Lancaster, Massachusetts. She is currently working on her second musical, *Museum Follies*, set in an art museum. Her long-term writing project is a fictionalized account of a historical court case about a slave girl from Holden, MA. Emails to her may be sent to pcastner.SBWC@gmail.com





Building a Mystery Novel, with Dale Phillips



**Part I: Saturday, October 19, 2019
10:30 a.m. – 12:30 p.m.**

**Part II: Saturday, October 26, 2019
10:30 a.m. – 1:30 p.m.**

Thayer Memorial Library, 717 Main Street, Lancaster, Massachusetts

In this workshop, you'll learn about the broad scope and various types of mystery stories. We'll work through the building blocks involved in creating a good framework for a book. Then we'll drill down to the finer details of the craft: why voice is critical, the importance of pace, dialogue, and planting clues, and how to create conflict and tension. We'll pull it all together by looking at developing a mystery from start to finish, creating a plan for completion, and then going beyond, to writing a series. Please bring your questions. A resource guide will be available.

Part I is free and open to public walk-ins. Part II requires pre-registration and is limited in class size. Part II participation requires attending Part I. Please see sevenbridge.org for more information.

Dale Phillips has published novels, story collections, non-fiction, and over 70 short stories. Stephen King was Dale's college writing teacher, and since that time, Dale has found time to appear on stage, television, in an independent feature film, and compete on Jeopardy (losing in a spectacular fashion). He co-wrote and acted in a short political satire film. He's traveled to all 50 states, Mexico, Canada, and through Europe.



Sterling-Lancaster Community TV
Broadcast Schedule September 14 - September 20, 2019
Comcast Channel 8

Saturday	Genre
12:00 AM The Strange Love of Martha Ivers	Entertainment
6:00 AM The Strange Love of Martha Ivers	Entertainment
8:00 AM Village Church Service	Religion
10:00 AM College Church Service	Religion
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Euromaxx - Garden Gnomes	Documentaries
2:00 PM Channel 8 Community Updates	News
2:30 PM Pawdoption	Animals
3:00 PM Talk Me Healthy - Making Reading Accessible	Health
4:00 PM The Little Princess Play	Children
5:00 PM Sterling Concert - Crossroads	Local Music
7:00 PM Euromaxx - Garden Gnomes	Documentaries
8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals
9:00 PM Out and About - Yummy Sweets Expo	Hobby
9:30 PM Out and About - World Dog Day	Hobby
10:00 PM Barbara and You	Interview

Sunday	Genre
12:00 AM The Strange Love of Martha Ivers	Entertainment
6:00 AM The Strange Love of Martha Ivers	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Euromaxx - Garden Gnomes	Documentaries
2:00 PM Channel 8 Community Updates	News
2:30 PM Pawdoption	Animals
3:00 PM Talk Me Healthy - Making Reading Accessible	Health
4:00 PM The Little Princess Play	Children
5:00 PM Sterling Concert - Crossroads	Local Music
7:00 PM Euromaxx - Garden Gnomes	Documentaries
8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals

9:00 PM Out and About - Yummy Sweets Expo	Hobby
9:30 PM Out and About - World Dog Day	Hobby
10:00 PM Barbara and You	Interview

Monday - Friday	Genre
12:00 AM Atom Age Vampire	Entertainment
4:00 AM Atom Age Vampire	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Eat Well Be Happy - Stuffed Peppers	Cooking
10:00 AM In Good Shape - OCD	Health
11:00 AM Out and About - Petcon	Hobby
11:30 AM Out and About - Motion Picture Costume Design	Hobby
12:00 PM Harmonies - Jac Mestel	Local
1:00 PM Global 3000 - Human Impact on the World	Documentaries
2:00 PM Church Services	Religion
4:00 PM Childrens Corner - Home Movie Munchies	Children
5:00 PM Lancaster Concert - The Del-matics	Local Music
7:00 PM Global 3000 - Human Impact on the World	Documentaries
8:00 PM Harmonies - Jac Mestel	Local
9:00 PM Out and About - Petcon	Hobby
9:30 PM Out and About - Motion Picture Costume Design	Hobby
10:00 PM Barbara and You	Interview

Please note this schedule is subject to change.
Refer to www.slctv.us for any updates.

Sterling-Lancaster Community TV
Broadcast Schedule September 21 - September 27 2019
Comcast Channel 8

Saturday	Genre
12:00 AM Atom Age Vampire	Entertainment
4:00 AM Atom Age Vampire	Entertainment
6:30 AM Barbara and You	Interview
8:00 AM Village Church Service	Religion
10:00 AM College Church Service	Religion
12:00 PM Harmonies - Jac Mestel	Local
1:00 PM Global 3000 - Human Impact on the World	Documentaries
2:00 PM Harmonies - Jac Mestel	Local
3:00 PM Eat Well Be Happy - Stuffed Peppers	Cooking
4:00 PM Childrens Corner - Home Movie Munchies	Children
5:00 PM Lancaster Concert - The Del-matics	Local Music
7:00 PM Global 3000 - Human Impact on the World	Documentaries
8:00 PM Harmonies - Jac Mestel	Local
9:00 PM Out and About - Petcon	Hobby
9:30 PM Out and About - Motion Picture Costume Design	Hobby
10:00 PM Barbara and You	Interview

Sunday	Genre
12:00 AM Atom Age Vampire	Entertainment
4:00 AM Atom Age Vampire	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 PM Harmonies - Jac Mestel	Local
1:00 PM Global 3000 - Human Impact on the World	Documentaries
2:00 PM Harmonies - Jac Mestel	Local
3:00 PM Eat Well Be Happy - Stuffed Peppers	Cooking
4:00 PM Childrens Corner - Home Movie Munchies	Children
5:00 PM Lancaster Concert - The Del-matics	Local Music
7:00 PM Global 3000 - Human Impact on the World	Documentaries
8:00 PM Harmonies - Jac Mestel	Local
9:00 PM Out and About - Petcon	Hobby
9:30 PM Out and About - Motion Picture Costume Design	Hobby
10:00 PM Barbara and You	Interview

Monday - Friday	Genre
12:00 AM Attack From Space	Entertainment
4:00 AM Attack From Space	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Wicked Good Food - Savory Pies	Cooking
10:00 AM In Good Shape - Stress	Health
11:00 AM Out and About - Sword Swallowers	Hobby
11:30 AM Out and About - Victorian Magic Show	Hobby
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Global 3000 - Positive Impacts on the Planet	Documentaries
2:00 PM Church Services	Religion
4:00 PM Childrens Corner - Serious Safety Story	Children
5:00 PM Lancaster Concert - The O-Tones	Local Music
7:00 PM Global 3000 - Positive Impacts on the Planet	Documentaries
8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals
9:00 PM Out and About - Sword Swallowers	Hobby
9:30 PM Out and About - Victorian Magic Show	Hobby
10:00 PM Barbara and You	Interview

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