

HELLO, JULY!



TOWN OF LANCASTER EVENTS

July 12, 2019

Volume 76 Issue 2

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BEST Soccer 2019 Summer Soccer Camp



Host Organization: Lancaster Recreation Department

Camp Date: Monday, August 5th –Friday, August 9th

Camp Location: Community Center Fields

Programs:

First KIX	Ages 3-5	9:00-10:00am	\$90
Half Day	Ages 5+	9:00-12:00pm	\$150
Full Day	Ages 7+	9:00-3:00pm	\$250

First KIX

This program is a friendly and fun introduction to dribbling, stopping, and controlling the ball. The non-competitive curriculum introduces soccer players to simple skills with fun games.

Half Day/Full Day Weekly Schedule

Each camp day, players will cover a new technical skill. Players will learn new skills in a challenging but supportive environment. Skills will be taught by conditioned games and coached scrimmages. Players are assigned by age and ability levels. Most of all, players will have FUN!

Day	Topic	Focus Of The Topic (examples)
Monday	Dribbling and Turns	Deceptive moves and feints to beat an opponent; Changes in direction to beat a player or create space
Tuesday	Passing and Receiving	Improve passing range and accuracy; Improving first touch to maintain possession of the ball
Wednesday	Foot skills	Multiple touches on the ball to build confidence
Thursday	Shooting	Striking techniques to score goals
Friday	Open session	A review of all covered topics, in addition to game play

Please remember water, sunscreen, shin guards and a healthy snack each day. If you are attending the Full Day program please remember to bring a packed lunch.

For more information or to register visit the [Lancaster Recreation Department website](#)

In order to complete your registration you will need to submit a copy of your child's current (past 18 months) physical and immunization records. You can submit these documents to the Lancaster Recreation Department in person or via email.

Without these documents participation in camp activities will not be permitted.

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.



Lancaster Town Beach 2019

The beach opens on Saturday, June 22nd!

Open 7 days a week, 12p.m. – 6 p.m.

Come and join the FUN and Swim Lessons!!

For 2019

Upgrades to interior of beach house

*Continuation of paddle board rentals, Corn-hole games
and Snack Shack!*

Season and day passes for residents and non-residents are available:

Season Pass

Residents: \$50.00 (before June 22nd) \$60.00 on or after

Non-Residents: \$100.00

Additional Car: \$5.00

Day Pass

Residents: \$10 (car load)

Non-Residents: \$20 (car load)

Resident Senior Citizens: Free (Age 62 and over)

Please note passes are not mailed to you. If you register on line, bring your receipt, either printed or on your cell to the beach attendant on your first visit to receive your pass. If you purchase at the beach, please bring cash or a check.

Swim Lessons!

For children in Kindergarten through 5th grade

Sessions are available for various levels. Two, two-week sessions to choose from:

One: Starts June 24th through July 5th (no class July 4)

Two: Starts July 8th through July 18th

TO SIGN UP FOR SWIM LESSONS OR TO PURCHASE A BEACH PASS, PLEASE VISIT:

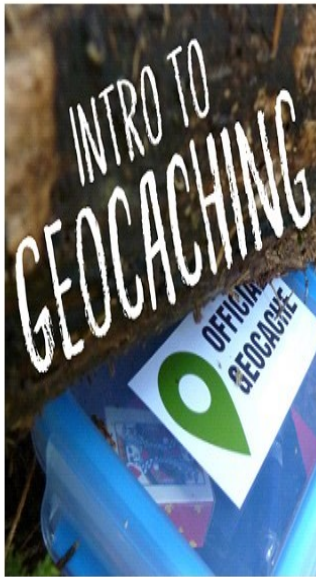
LANCASTER SPEC POND INFORMATION



Thayer Memorial Library – 717 Main Street – Lancaster

The Knitting Group is looking for new members!

***Please join us on Tuesdays at 7:00 pm at the Thayer Memorial
Library***



Intro to Geocaching

Date: Saturday, July 27th

Time: 9:00 to 11:00AM

Location: Cook Conservation Area (off Route 70)

Do you enjoy Hiking? Nature? A good treasure hunt? You might want to try your hand at geocaching. During this 2-hour long program you and your family will be introduced to the world of Geocaching. Geocaching is sort of an outdoor game of hide-and-seek. Geocaching is played using a GPS enabled device, such as a handheld GPS or smartphone, to point to a set of GPS coordinates. Once you are close to the coordinates you have to use your wits to discover the “hide.” This is a fun activity your entire family can enjoy together almost anywhere with over 2.5 million geocaches hidden throughout the world! Please join the Lancaster Recreation Committee at Cook Conservation Area on July 27th to start your adventure!

- Dress for the weather including shoes that can get wet and clothes that can get muddy. Tick bite prevention is always wise. Optimal protection includes: long pants, long sleeves, pants tucked into socks, and permethrin-treated clothing.
- Must be able to walk on uneven terrain
- Pre-registration required, limited space available. To register please contact Andrea Kiuru-Shepherd at ashepard@lancasterma.net



There Will Be Music in the Air in Lancaster This Summer

Summer Concerts on the Lancaster Town Green
Sponsored by the Friends of Thayer Memorial Library

Lancaster's Town Green will be rocking this summer when six live bands perform a variety of music concerts for folks from Lancaster and surrounding communities. Sponsored by the Friends of Thayer Memorial Library, the Wednesday evening family-friendly concert series will run June 26 through July 31 – RAIN or SHINE from 6:30 – 8:30 pm. Lancaster's Town Hall will serve as the backup performance venue in the event there is inclement weather. But when it's nice outside, the performers will set up and play in the gazebo located on the Town Green.

Folks are asked to bring their lawn chairs and/or blankets for seating. The Friends of Lancaster's Seniors will offer barbecue and refreshments, but folks are welcome to bring a cooler with food and beverages (non-alcoholic) if they'd like.

The following performers have been scheduled in this summer's concert series:

- June 26: T.J. Wheeler
- July 3: Tootie Pa and His Great Big Thang
- July 10: Knock on Wood
- July 17: The Delmatics
- July 24: The O-Tones
- July 31: Decatur Creek

All concerts are free. All are welcome. For more information, phone Karen Silverthorn at 978-368-8928 ext. 4 or go to www.thayermemoriallibrary.org or the library's Facebook page. Thayer Memorial Library, 717 Main Street, Lancaster 01523



Kids Code & Play - Take Two - Make Video Games Using Scratch

***We had a successful first lesson.

Join us for an introductory course in computer programming using "Scratch," a visual programming language that teaches kids how to code by creating video games and "Bitsbox," a JavaScript application maker

As a bonus the students will work as a team to program "Cozmo," an artificially intelligent robot

- All equipment is provided
- Only 5 spaces available
- Ages: 7 - 11
- Skill Level: Beginner, no previous experience necessary

Duration: July - One hour sessions in the Community Center

Wednesdays evenings from 6 to 7 p.m.

Dates:

7/10, 7/17, 7/24, 7/31

Cost: \$100 per participant for all four hours

Location: Lancaster Community Center, 701 Main St. Lancaster, MA

To sign up contact: ashepard@lanasterma.net



The 137th Bolton Fair

~ An Old Fashioned Agricultural Fair ~

August
9th - 11th
2019

[Home](#)[Attending The Fair](#)[Vendors](#)[Exhibitors](#)[Sponsors](#)[About](#)

Welcome To The Bolton Fair!

Our 137th Fair will be held on **August 9 - 11, 2019** with a Midway Preview on **August 8th!**

We invite you to join us for our annual celebration of our heritage, culture and community, as we provide good wholesome family fun, great entertainment, friendly competition and educational experiences for the whole family! The Bolton Fair is where friends, agriculture, education and creativity unite.

This year's Fair is in the planning stages, with exciting entertainment and activities being booked. Please check back in June to learn more about this year's Bolton Fair.



Summer Art-ventures for Kids

Sponsored by Lancaster Recreation and Community Center

*"Happiness...it lies in the joy of achievement,
in the thrill of creative effort". -Franklin D. Roosevelt*



July 22-26 Mon- Fri

Time: 1-4PM

Location: Lancaster Community Center

Fee: \$145 includes 15 hrs of Art Fun! And all supplies!

**Bring: an old, oversized t-shirt to use as a smock,
a nut-free snack and a drink each day**



Splish Splash ArtBlast for Gr. Entering K-5

This inspiring week of art-ventures sparks creativity, engagement, exploration and individual expression. Learn about the fascinating underwater world of seahorses, sea turtles and other wonderful creatures while exploring original art forms and techniques. Design beach hats, sunglasses, and T-shirts. Create ocean slime and discover the art of mosaics while creating sea shell boxes. Sculpt shimmery coral and goofy clay octopuses. Paint ceramic fish banks, and design ocean creature stuffed animals. Experience painting, printmaking, stained glass, ceramics, collage, mosaics, fabric art and working with clay. Lots of surprises round out these totally cool Splish Splash art-ventures.

Register at: <https://www.ci.lancaster.ma.us/recreation>

**A scholarship may be available for a child whose parent is willing to assist every day.
Contact summerprograms@artventuresforkids.com*

With a dash of whimsy and a dollop of fun, we help art explorers think creatively about art and the amazing role it plays in our wonderful world!

- Provides unique and original art experiences using quality art materials
- Talented instructors encourage children's creative spirit and imagination
- Inspires children to create art that is uniquely their own
- Fosters creativity through exposure to a variety of art tools, techniques and materials
- Programs include T-shirt creations and 2 or 3 awesome works of art each day

www.ARTventuresforKids.com 413-584-7243 Summerprogram@artventuresforkids.com

Your Ticket to FREE Summer Fun!

Lyric Stage Company of Boston
Cape Ann Museum
Clark Art Institute
MIT Museum
Nichols House Museum
Norman Rockwell Museum
Plymouth Plantation
The Mount: Edith Wharton's Home
Wenham Museum
Winchester Art Museum

Amelia Park Children's Museum
Cape Cod Maritime Museum
Children's Museum in Easton
Edward Gorey House
Falmouth Museums on the Green
Jacob's Pillow
Museum of Printing
Pilgrim Hall Museum
The Old Manse, The Trustees
The Telephone Museum

Museum of Fine Arts, Boston
Charles River Watershed Association
Chesterwood
Children's Museum of Greater Fall River
Glovercastor Stage Company
Mahaiwe Performing Arts Center
New England Quilt Museum
The Patriots Hall of Fame
Smith College Museum of Art
Springfield Museums

Boston Children's Museum
 The Arnold Arboretum of Harvard University
 Battleship Cove
 Cape Cod Children's Museum
 Nantucket Maria Mitchell Association
 New England Historic Genealogical Society
 Peabody Essex Museum
 Sandwich Glass Museum
 Spellman Museum of Stamps & Postal History
 The Eric Carle Museum of Picture Book Art

Isabella Stewart Gardner Museum
Edward M. Kennedy Institute for the U.S. Senate
Cape Cod Museum of Art
Commonwealth Museum
Commonwealth Shakespeare Company
Fitchburg Art Museum
Historic Deerfield
Larz Anderson Auto Museum
The Gardens at Elm Bank (Mass Hort)
Ventfort Hall Mansion & Gilded Age Museum

Franklin Park Zoo
Boston Symphony Orchestra at Tanglewood
Chatham Shark Center
Children's Museum at Holyoke
Concord Museum
International Volleyball Hall of Fame
Lynn Museum
Museum of Russian Icons
Naumkeag, The Trustees
Old State House

Boettgen Harbor Islands National and State Park
 Davis Museum at Wellesley College
 Gore Place
 Hancock Shaker Village
 JFK Hyannis Museum
 Museum of the National Center of Afro-American Artists
 New Bedford Whaling Museum
 Old Colony History Museum
 Worcester Historical Museum
 The Greenway Carousel

John F. Kennedy Presidential Library & Museum
Berkshire Theatre Group
Cahoon Museum of American Art
Discovery Museum
Fruitlands Museum, The Trustees
Fuller Craft Museum
Harvard Museums of Science & Culture
Paragon Carousel
Provincetown Art Association and Museum
USS Constitution Museum

The Institute of Contemporary Art/Boston
Berkshire Museum
Boston Athenaeum
Burtonwood Park Zoo
Emily Dickinson Museum
Fort Devens Museum
Freedom Trail® Foundation
Heritage Museums & Gardens
Museum of African American History
The Mary Baker Eddy Library & Mapparium

Old Sturbridge Village
Cape Cod Museum of Natural History
Griffin Museum of Photography
Hull Lifesaving Museum
Mass Audubon's Ipswich River Wildlife Sanctuary
MASS MoCA
Museum of the First Corps of Cadets
Osterville Historical Museum
Capron Park Zoo
EcoTarium



WCVE
The Boston Globe



Lancaster Recreation Presents:
An Evening of Acoustic Guitar!

Thurs. 7/18 @ Town Hall Auditorium

6-7pm - FREE Lessons for Kids (Ages 6-12)

7-8pm - Hootenanny Jam (All Ages - no reservation needed)

**Children must be
accompanied by
an adult.**

Please email: LancasterRec@yahoo.com for details and to reserve your spot. (Space is Limited)

Youth guitars are available to those without one.

FOR IMMEDIATE RELEASE

May 10, 2019

Contact: Karen Silverthorn, Assistant Director
Thayer Memorial Library
Tel. 978-368-8928 ext. 4
email: ksilverthorn@cwmarc.org

Nashoba Nursing Service & Hospice Hosts Discussion at Thayer Memorial Library

Kathy Benson, LICSW and Joanne McCole, RN from Nashoba Nursing Service & Hospice, will lead a book discussion on *Being Mortal* by Dr. Atul Gawande, which is a sensitive, intelligent and heartfelt examination of the processes of aging and dying. The program highlights portions of the *Frontline* program to introduce the book, so that the program is not dependent on attendees reading or completing the book. This is a free and open to the public program. Please register at 978-368-8928 ext. 4

The discussion will take place on Tuesday, July 16th, 6:30-8:00 pm at Thayer Memorial Library 717 Main Street, Lancaster

About the book (from back cover):

***Being Mortal* by Atul Gawande**

"Modern medicine has transformed the dangers of birth, injury, and infectious disease from harrowing to manageable. But when it comes to the inescapable realities of aging and death, what medicine can do often runs counter to what it should do. Through eye-opening research and gripping stories of his own patients and family, Gawande reveals the suffering produced by medicine's neglect of the wishes people might have beyond mere survival. To find out what those wishes are, we need to ask. We haven't been asking, but we can learn.

"Riveting, honest, and humane, this remarkable book, which has already changed the national conversation on aging and death, shows how the ultimate goal is not a good death but a good life – all the way to the very end."

Time magazine writes: "This should be mandatory reading for every American."

All programs are free. All are welcome. For more information, phone Karen Silverthorn at 978-368-8928 ext. 4 or go to www.thayermemoriallibrary.org or the library's Facebook page. Thayer Memorial Library, 717 Main Street, Lancaster 01523

Sterling-Lancaster Community TV
Broadcast Schedule July 13 - July 19, 2019
Comcast Channel 8

Saturday	Genre
12:00 AM Comedy Corner - Rick Jenkins	Entertainment
4:00 AM Comedy Corner - Rick Jenkins	Entertainment
6:30 AM Kamla Show - Cascada De Flores	Interview
8:00 AM Village Church Service	Religion
10:00 AM College Church Service	Religion
12:00 PM Elegant Mansions of Lancaster	Local
1:30 PM Focus On Europe - Coastline War Remnants	Documentaries
2:00 PM Fork in the Road - Simon Pure Publick House	Local Food
3:00 PM Creativity 101 - A Short Documentary	Local Docs
4:00 PM Childrens Corner - Movievania	Children
5:00 PM Harmonies - Joel Mongeon	Local Music
6:00 PM Baby Blue Arts - Alma Brasileira	Music
7:00 PM Focus On Europe - Coastline War Remnants	Documentaries
7:30 PM Elegant Mansions of Lancaster	Local
9:00 PM Creativity 101 - A Short Documentary	Local Docs
10:00 PM Kamla Show - Cascada De Flores	Interview

Sunday	Genre
12:00 AM Comedy Corner - Rick Jenkins	Entertainment
4:00 AM Comedy Corner - Rick Jenkins	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 PM Elegant Mansions of Lancaster	Local
1:30 PM Focus On Europe - Coastline War Remnants	Documentaries
2:00 PM Fork in the Road - Simon Pure Publick House	Local Food
3:00 PM Creativity 101 - A Short Documentary	Local Docs
4:00 PM Childrens Corner - Movievania	Children
5:00 PM Harmonies - Joel Mongeon	Local Music
6:00 PM Baby Blue Arts - Alma Brasileira	Music
7:00 PM Focus On Europe - Coastline War Remnants	Documentaries
7:30 PM Elegant Mansions of Lancaster	Local
9:00 PM Creativity 101 - A Short Documentary	Local Docs
10:00 PM Kamla Show - Cascada De Flores	Interview

Monday - Friday

12:00 AM Comedy Corner - Larry Lee Lewis	Entertainment
4:00 AM Comedy Corner - Larry Lee Lewis	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Tina Cooks - Side Dishes	Cooking
10:00 AM Talk Me Healthy - Quality of Life For All	Health
11:00 AM 41st British Motorcycle Meet	Hobby
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Euromaxx - Wedding Traditions	Documentaries
2:00 PM Church Services	Religion
4:00 PM Childrens Corner - Paws, Jaws, Claws	Children
5:00 PM Greg Greenway at New Revival	Music
7:30 PM Euromaxx - Wedding Traditions	Documentaries
8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals
9:00 PM 41st British Motorcycle Meet	Hobby
10:00 PM Barbara and You	Interview

Please note this schedule is subject to change.
Refer to www.slctv.us for any updates.

Sterling-Lancaster Community TV
Broadcast Schedule July 20 - July 26 2019
Comcast Channel 8

Saturday	Genre
12:00 AM Comedy Corner - Larry Lee Lewis	Entertainment
4:00 AM Comedy Corner - Larry Lee Lewis	Entertainment
6:30 AM Barbara and You	Interview
8:00 AM Village Church Service	Religion
10:00 AM College Church Service	Religion
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Euromaxx - Wedding Traditions	Documentaries
2:00 PM Channel 8 Community Updates	News
2:30 PM Pawdoption	Animals
3:00 PM Talk Me Healthy - Quality of Life For All	Health
4:00 PM Childrens Corner - Paws, Jaws, Claws	Children
5:00 PM Greg Greenway at New Revival	Music
7:30 PM Euromaxx - Wedding Traditions	Documentaries
8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals
9:00 PM 41st British Motorcycle Meet	Hobby
10:00 PM Barbara and You	Interview

Sunday	Genre
12:00 AM Comedy Corner - Larry Lee Lewis	Entertainment
4:00 AM Comedy Corner - Larry Lee Lewis	Entertainment
7:00 AM Trinity Bolton Church Service	Religion
9:00 AM ECC Church Service	Religion
11:00 AM Trinity Lutheran Church Service	Religion
12:00 PM Channel 8 Community Updates	News
12:30 PM Pawdoption	Animals
1:00 PM Euromaxx - Wedding Traditions	Documentaries
2:00 PM Channel 8 Community Updates	News
2:30 PM Pawdoption	Animals
3:00 PM Talk Me Healthy - Quality of Life For All	Health
4:00 PM Childrens Corner - Paws, Jaws, Claws	Children
5:00 PM Greg Greenway at New Revival	Music
7:30 PM Euromaxx - Wedding Traditions	Documentaries
8:00 PM Channel 8 Community Updates	News
8:30 PM Pawdoption	Animals

9:00 PM 41st British Motorcycle Meet	Hobby
10:00 PM Barbara and You	Interview

Monday - Friday	Genre
12:00 AM Comedy Corner - Mark Riley	Entertainment
4:00 AM Comedy Corner - Mark Riley	Entertainment
7:30 AM Barbara and You	Interview
9:00 AM Cathy Neptune's Kitchen - Baked Lemon Fish	Cooking
10:00 AM In Good Shape - Yoga	Health
11:00 AM Nerd Caliber - Wing It Game Review	Hobby
12:00 PM Boy Scout Legg Cemetery Restoration Project	Local
12:30 PM Houghton Play 2019 - Mother Goose Camp	Local
1:00 PM LBMS Drama Presentation - Seven Bridge	Local
1:30 PM Global 3000 - Life in Cities	Documentary
2:00 PM Church Services	Religion
4:00 PM Childrens Corner - Chain Reaction	Children
5:00 PM Nashoba Symphonic Band - Tales Old and New	Local Music
6:30 PM Baby Blue Arts - Cedar Avenue Big Band	Music
7:00 PM Global 3000 - Life in Cities	Documentary
7:30 PM Boy Scout Legg Cemetery Restoration Project	Local
8:00 PM Houghton Play 2019 - Mother Goose Camp	Local
8:30 PM LBMS Drama Presentation - Seven Bridge	Local
9:00 PM Nerd Caliber - Wing It Game Review	Hobby
10:00 PM Barbara and You	Interview

Please note this schedule is subject to change.
Refer to www.slctv.us for any updates.